

Calendar of Events

July 8, 2025

Training Committee

11:30 AM - 01:00 PM CST

Art Schneider,
art@surfacesolution.biz

** To receive notifications for committee meetings please sign up to be on the committee following instructions at the bottom of this page.*

July 10, 2025

Professional Series: Unplug and Recharge - Reduce Stress and Overcome Burnout 1836 San Jacinto

11:00 AM - 01:00 PM CST

AAFAME,
admin@aafame.org

In today's 'always-on' work culture, many of us feel the constant pressure to keep up. But how well do you balance demands with resources? Persistent feelings of being overwhelmed can drain us emotionally, physically, and mentally, leading to stress, exhaustion, and ultimately burnout. This interactive workshop is designed to help both team leaders and team members identify and address burnout. Participants will explore the burnout syndrome, recognize signs and symptoms of stress, and understand the risk factors associated with chronic depletion. The session covers the differences between stress and burnout, the stages of burnout, along with practical strategies for managing stress and achieving more. The workshop concludes with participants creating a personalized action plan to apply what they've learned.

Program Objectives:

*Understand the causes, signs, symptoms, and risk factors of burnout.
Identify triggers (or stressors) that are cues of danger that disrupt our mental well being.*

Learn the stages of burnout (Honeymoon phase, Onset of stress phase, Chronic stress phase, Burnout phase, and Habitual burnout phase) and actions to take at each stage.

Explore proven burnout recovery strategies (boundaries, focus, overachievement, resilience, and priorities) and techniques to prevent burnout.

Presenter:

Kevin Karschnik is a globally recognized keynote speaker, workshop facilitator, and author specializing in positivity, leadership, and communication. With over 30 years of experience, he equips professionals with strategies to thrive in today's competitive business environment. As co-author of Corporate Ovations, he shares proven techniques for effective presentations. Kevin has inspired thousands across 14 countries, helping organizations enhance leadership, strengthen relationships, and drive performance. Outside of work, he enjoys fantasy football, pickleball with his wife Tracy, and his favorite pizza from 600 Degrees Pizzeria.

July 16, 2025

Programs Committee

The Terrace 6

2801 Via Fortuna #635

Austin, TX 78746

11:30 AM - 12:30 PM CST

Ray Roberson,
rroberson@lpc.com

July 24, 2025

Training: Recommissioning Essentials for Building Engineers

Frost Tower

401 Congress

Austin, TX 78701

11:00 AM - 01:00 PM CST

Course Description:

This hands-on training course is designed to equip building engineers with the practical knowledge and skills needed to support and execute successful building recommissioning projects. Recommissioning (RCx) is a systematic process that improves building performance by ensuring that systems are operating as intended and efficiently.

Participants will learn the fundamentals of recommissioning, including identifying performance issues, interpreting control sequences, documenting deficiencies, and collaborating with commissioning providers and building stakeholders. Real-world examples and walkthrough case studies will help bridge the gap between theory and practice.

Key Topics Include:

- *What is Recommissioning and Why It Matters*
- *Roles and Responsibilities of the Technician*
- *Common Building System Deficiencies*
- *HVAC and Controls Troubleshooting*
- *Working with BAS and Trend Logs*
- *Testing Procedures and Functional Performance Checks*
- *Documentation and Communication Best Practices*
- *Seasonal Recommissioning and Ongoing RCx*

Presenter:

Brandon Clark

Account Manager / APS Building Services

Brandon Clark is a seasoned professional in the HVAC and building systems industry with over 34 of experience in system optimization, energy efficiency, and operational performance. Throughout his career, Brandon has led numerous recommissioning projects across commercial and institutional facilities, helping clients identify inefficiencies, improve occupant comfort, and reduce operational costs. As an instructor, Brandon is passionate about equipping industry professionals with the knowledge and practical tools necessary to understand the procedures and processes utilized to assess building performance, interpret data trends, and implement corrective actions that deliver measurable results; otherwise known as recommissioning/retro-commissioning.

August 12, 2025

Training Committee

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

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August 13, 2025

NEW DATE Central Texas Food Bank Volunteer

Central Texas Food Bank

6500 Metropolis Drive

Austin, TX 78744

09:00 AM - 12:00 PM CST

Sara Camp,

scamp@besllc.com

This is the new date since our July 9th was cancelled.

Join the community services committee on as we work in the warehouse sorting food at the Central Texas Food Bank from 9am to 12pm.

Each volunteer is required to create an account and sign up using group reservation link below before arriving for your volunteer shift.

Important details:

For safety reasons, volunteers who arrive more than 30 minutes late will not be allowed to join their group for the shift. If you think you may need to arrive late or leave early, please find a different shift that you can fully attend. We recommend arriving 5-10 minutes early so volunteers have time to check in and be ready to start.

Volunteers are required to wear a shirt with sleeves that cover the underarm and closed-toe and closed-heel shoes.

Volunteers must meet our volunteer eligibility requirements listed here in order to participate in the volunteer shift. We will verbally confirm these eligibility requirements with participants onsite.

Here is our general volunteer FAQ with additional helpful information.

Last years volunteers had a great time as shown below!

August 14, 2025

Community Service Committee

Online at a computer near you!

11:30 AM - 01:00 PM CST

Sara Camp,

scamp@besllc.com

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August 20, 2025

Programs Committee

The Terrace 6

2801 Via Fortuna #635

Austin, TX 78746

11:30 AM - 12:30 PM CST

Ray Roberson,

rroberson@lpc.com

August 26, 2025

Resource Alliance Committee

11:30 AM - 01:00 PM CST

Brandon Clark,

bclark@apsbuildingservices.com

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August 27, 2025

Membership Committee

Online at a Computer Near You!

Virtual (Zoom)

,

11:30 AM - 01:00 PM CST

Rochelle Komula,

rkomula@aircomechanical.com

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August 28, 2025

Training: Mastering Paint & Coatings: Essentials for Building Maintenance

UFCU Event Center

8303 N Mopac Expressway

Austin, TX 78757

11:00 AM - 01:00 PM CST

Join us for our August Training Class! More details coming soon.

September 4, 2025

Professional Series: Turning Pro: Effective Business Presence & Communication
1836 San Jacinto

11:00 AM - 01:00 PM CST

Amy Ables,
amy@aafame.org

Do you ever feel intimidated when it's time to interact with leaders in your industry? Do you sometimes wonder what to say, how to interact, or what you should to make the best use of their time?

Did you know half of your ability to interact with higher-ups comes down to a few principles and awareness - both of yourself and whomever you're interacting with?

Once you have a grasp of the principles which enable you to have a business presence and communicate with authority, you'll wonder what all the fuss was about.

Join us for an interactive session where we'll cover:

The mindset of a busy professional
What does presence mean anyway?
Communicating with clarity and confidence

Presenter:

Reagan Pugh is a sought-after keynote speaker and workshop leader, engaging thousands each year with insights on storytelling and culture. He has worked with major organizations like Facebook, Pepsi, Whirlpool, and the U.S. Military.

Previously, he served as Chief Storyteller for a global consulting firm, guiding programs at Nike, Western Digital, and Kimberly-Clark. A former Teach for America educator, he launched an award-winning theater program on the Rosebud Reservation.

Reagan has taught at Texas State, Trinity, and Angelo State University and has spoken at over 50 college campuses. A TEDx speaker and frequent podcast guest, he also secretly publishes poetry—ask him about it!

He lives in Austin, Texas, with his wife, Elle, and their Labrador, Lily.

September 9, 2025

Training Committee

11:30 AM - 01:00 PM CST

Art Schneider,
art@surfacesolution.biz

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September 10, 2025

September Luncheon

Norris Conference Center

2525 W. Anderson Lane

Austin, TX 78759

11:30 AM - 01:00 PM CST

Join us for our regular luncheon this September.

More details coming soon!

Thanks to our Luncheon Sponsor!

September 17, 2025

Programs Committee

The Terrace 6

2801 Via Fortuna #635

Austin, TX 78746

11:30 AM - 12:30 PM CST

Ray Roberson,

rroberson@lpc.com

September 23, 2025

Engineer Appreciation Event "Casino Break"

PJS

2401 E. St Elmo Rd.

Austin, TX 78744

12:00 PM - 04:00 PM CST

Rochelle Komula,

rkomula@aircomechanical.com

More details coming soon!

BROUGHT TO YOU BY:

Please note that only Platinum, Gold & Silver sponsors shown on this page are eligible to sponsor this event. Contact Amy Ables for details.

September 25, 2025

Training: Why Can't I Have a 15amp Toggle Switch?

Current Controls Institute

710 Hesters Crossing

Round Rock, Te 78681

11:00 AM - 01:00 PM CST

Why Can't I Have a 15amp Toggle Switch? The better question is "why do you want one?" We will explore why controls continue to be increasingly complicated. Does it really require a degree in electrical engineering to program these systems or a fifth grader with a cell phone? Today, one lighting control touch screen has more computing power than the computer that took the Apolo 11 spacecraft to the moon. We will examine trends and codes for controls as they relate to the current workplace. This is not a power point presentation with a talking head, Bueller? Bueller?

Presenter:

Buddy Combs; Tenured Professor Lighting Design

With over 25 years teaching in Higher Education

12 experience building management with over 300 events annually.

16 years of Regional Sales Manager

4 years sales representative

October 8, 2025

October Luncheon

Norris Conference Center

2525 W. Anderson Lane

Austin, TX 78759

11:30 AM - 01:00 PM CST

Join us for our regular luncheon this October.

More details coming soon!

Thanks to our Luncheon Sponsor!

October 9, 2025

Community Service Committee

11:30 AM - 01:00 PM CST

Sara Camp,

scamp@besllc.com

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October 14, 2025

Training Committee

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

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October 15, 2025

Programs Committee

The Terrace 6

2801 Via Fortuna #635

Austin, TX 78746

11:30 AM - 12:30 PM CST

Ray Roberson,

rroberson@lpc.com

October 22, 2025

Membership Committee

11:30 AM - 01:00 PM CST

Rochelle Komula,

rkomula@aircomechanical.com

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October 23, 2025

Training: Disaster Preparedness

UFCU Event Center

8303 N Mopac Expressway

Austin, TX 78757

11:00 AM - 01:00 PM CST

Join us for our October Training Class! More details coming soon.

October 28, 2025

Resource Alliance Committee

11:30 AM - 01:00 PM CST

Brandon Clark,

bclark@apsbuildingservices.com

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October 30, 2025

Professional Series: Conflict Strategies - Cultivate Collaborative Conversations in the Workplace
1836 San Jacinto

11:00 AM - 01:00 PM CST

Think about a conversation you need to have where emotions run high or opinions differ. In this session, you'll develop the skills to lean in, ask thoughtful questions, listen actively, and gain deeper understanding and perspective on critical issues. These tools will help you communicate more effectively, build trust and respect, and create opportunities for growth. Participants will explore a proven communication model, identify triggers that push their buttons, and understand the five conflict styles (Competing, Collaborating, Compromising, Avoiding, and Accommodating), along with practical examples of when each style is most effective.

Program Objectives

Define the causes of conflict and why we avoid tough conversations.

Learn to be curious and become an active listener.

Understand the importance of creating a psychologically safe environment.

Improve your empathy and how you respond to different people in different situations.

Learn the five conflict styles (Direct, Spirited, Considerate, Systematic) to the different ways people perceive the world.

Study the process for preparing and facilitating a tough conversation.

Kevin Karschnik is a globally recognized keynote speaker and author, with a focus on positivity, leadership, and burnout. Drawing on over 33 years of experience, Kevin delivers high-energy, dynamic keynote speeches and impactful training workshops that empower business professionals to excel in today's fast-paced, competitive world. He has inspired tens of thousands of professionals from leading companies such as Dell, Emerson, GE, and Lockheed in 14 countries. When he's not speaking or writing, Kevin enjoys managing his fantasy football team, playing pickleball with his wife Tracy, and ordering in his favorite pie from 600 Degrees Pizzeria.

November 11, 2025

Training Committee

11:30 AM - 01:00 PM CST

Art Schneider,

art@surfacesolution.biz

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November 11, 2025

Volunteer Veteran's Day Parade

Congress Bridge

Near Bat Statute

Austin, TX 78701

06:00 AM - 10:00 AM CST

David Fowler,

daveinrr@yahoo.com

The Downtown Austin Veteran's Day Parade is back after 5 years! AAFAME members have helped with Parade logistics in the past.

We meet on the south side of the Congress bridge near the Bat Statue for assignments and briefing at 6:30am Tuesday, November 11th. Our job is to help approx 2,000 people and 200 vehicles safely in their marching order. The Parade Chairman will give us a formation list and we will greet people and guide them to their proper position. It's fun and easy until we start to get gridlocked.

Volunteer parking is at the Austin American Statesman on S. Congress. If that gets full, everyone is on their own.

More details will be sent to volunteers prior to the parade. Here is a picture from the 2023 parade.

Brought to you by: Austin Veterans Day Parade Foundation

November 12, 2025

November Luncheon

Norris Conference Center

2525 W. Anderson Lane

Austin, TX 78759

11:30 AM - 01:00 PM CST

Join us for our regular luncheon this November.

More details coming soon!

Thanks to our Luncheon Sponsor!

November 18, 2025

Membership Committee

11:30 AM - 01:00 PM CST

Rochelle Komula,

rkomula@aircomechanical.com

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November 19, 2025

Programs Committee

The Terrace 6

2801 Via Fortuna #635

Austin, TX 78746

11:30 AM - 12:30 PM CST

Ray Roberson,

rroberson@lpc.com

November 20, 2025

Training: Winterizing your Commercial Property

TBD

11:00 AM - 01:00 PM CST

Join us for our November Training Class! More details coming soon.

November 20, 2025

Training: Winterizing your Commercial Property

Norris Conference Center

2525 W. anderson lane

Austin, Tx

11:00 AM - 01:00 PM CST

It's never too late to prepare your building! Our winterization presentation is designed to equip commercial building owners and facility managers with practical strategies to prepare their properties for the colder months. We'll cover key areas such as plumbing, HVAC systems, roofing, and exterior maintenance to prevent damage and ensure efficient operations during winter. By the end, attendees will have a clear road-map to protect their buildings, reduce energy costs, and minimize disruptions throughout the winter season.

Presenters:

Blair Howell

Sales & Operations Manager

Battalion Fire Protection

Deric Wallace

Service & Project Sales

HTS Engineering & Service

December 10, 2025

Holiday Luncheon

Austin Association of Facility & Maintenance Engrs

P O Box 203173

Austin, TX 78720

11:15 AM - 01:15 PM CST

Save the date!