

Calendar of Events

February 11, 2026	National Register Feb 11, 2026 Webinar: The Impact of Religious/Spiritual (R/S) Coping on Trauma Live Webinar 02:00 PM - 03:00 PM EST National Register, 202-783-7663
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The Impact of Religious/Spiritual (R/S) Coping on Trauma

Jessica S. Lewis, PhD

Wednesday, February 11, 2026, 2:00–3:00 PM ET

Dr. Jessica Lewis will define religious and spiritual (R/S) coping, describe how to assess for R/S coping beliefs, and demonstrate how spiritual-based forms of coping tools can aid clients in processing and healing from their trauma in clinical settings through an Acceptance and Commitment Therapy (ACT) framework.

Select IPA members are eligible for a discount. Use the code shared via email.

Visit the National Register website for more information about this webinar and to log in to register.

Create an account to easily register for this and future webinars. Three steps: Click "Register," "Log In to Register," and "I don't have an account." Enter the discount code provided via IPA email when checking out to apply the discount. For assistance registering or processing National Register events, call 202-783-7663.

February 2026 IPA Webinar: Clinician and Youth Perspectives on the Use of Teletherapy

Live Webinar

12:00 PM - 01:00 PM EST

IPA 2026 Webinar Series

1.0 Hour of Category I CE credit

Friday, February 20, 2026 at Noon

Registrants will receive further information for participating via Zoom Webinar for the presentation.

Program Description: Clinician and Youth Perspectives on the Use of Teletherapy
During and following the COVID-19 pandemic, a proliferation of telehealth occurred.
Notably, teletherapy became a lifeline for youth needing access to behavioral health
services amidst a nationally-acknowledged behavioral health crisis. Telehealth services
offer the possibility of decreasing barriers to accessing behavioral health care,
especially for families who live in rural areas or those from
socioeconomically-disadvantaged backgrounds. However, the widespread adoption of
telehealth also presents trade-offs for clinicians and families in key ethical and practice
domains related to risk, patient engagement, and effectiveness. Current guidelines are
over a decade old and inadequate to support clinicians in making evidence-based
decisions about the appropriate use of telehealth.

In this presentation, we describe findings from interviews with clinicians, youth, and their caregivers regarding their experiences with teletherapy and their decision-making processes surrounding its use. We describe key themes emerging from these interviews and offer guidance and recommendations for how to carefully consider the use of teletherapy for youth and their families.

Finally, we also present our decision tree that we have developed with expert guidance to support clinicians' decision-making processes about when and with whom teletherapy is likely to be effective.

Learning Objectives

By completing this program, participants will able to:

- 1. Describe rapid increase in use of teletherapy for children and families.*
- 2. Identify known limitations and effectiveness of use of teletherapy with youth and families*
- 3. Describe prominent themes in qualitative interviews completed with clinicians, youth, and their family about advantages, disadvantages, and decision-making in use of teletherapy*
- 4. Apply ethical principles to the evidence-based practices of telehealth with youth and families*

Presenter Bio: Allison E. Meyer, PhD, HSPP

Dr. Meyer has been an Assistant Professor of Psychiatry in the Department of Psychiatry at Indiana University School of Medicine since 2022. She received her PhD in Clinical Psychology from Duke University in 2020 and completed her psychology internship and postdoctoral fellowship at the University of Michigan.

Her clinical interests are in exposure-based treatment of pediatric anxiety and obsessive compulsive disorders, with a particular focus on parent-centered treatment.

Her research interests include dissemination and implementation of evidence-based practices into community settings and affective mechanisms of reassurance seeking in anxiety disorders. She is currently collaborating with Dr. Casey Pederson to develop tool to assist clinicians' ethical decision making about appropriate use of telehealth for youth and families.

Dr. Allison Meyer

Presenter Bio: Casey A. Pederson, PhD, HSPP

Dr. Pederson is a clinical child psychologist and Assistant Professor of Clinical Psychiatry at the Indiana University School of Medicine. She specializes in the assessment and treatment of potentially life-threatening behaviors in adolescents, such as aggression, substance use, and suicide risk, with a focus on addressing these concerns among legally involved youth. Holding a doctorate from the University of Kansas, Dr. Pederson fortified her expertise through specialized training at Brown University's Warren Alpert Medical School, concentrating on juvenile justice and behavioral health. Her postdoctoral training at Indiana University School of Medicine centered on implementing evidence-based assessments and treatments for adolescent substance use for both justice-involved and community youth. Currently, she is the director of the suicide prevention services offered through the Riley Child Outpatient Clinic (including the Collaborative Assessment and Management of Suicidality, Dialectical Behavior Therapy), and she engages in research designed to connect youth experiencing high-risk conditions to outpatient treatment and improve their quality of care.

Dr. Casey Pederson

Special Note to Conference Attendees

The Indiana Psychological Association (IPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Indiana Psychological Association maintains responsibility for this program and its content.

Indiana State Psychology Board and Indiana Behavioral Health Board:

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Licensees must judge the program's relevance to their professional practice.

Please note that APA rules require that credit be given only to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled start time or leaving early will not receive CE credits. Partial credit cannot be given. We ask that all participants return the post-program evaluation form at the conclusion of the program. Drs. Meyer & Pederson and IPA have not received any commercial support for this program or its contents and will not receive any commercial support prior to or during this program.

CE certificates will be distributed via email within two weeks post-event.

Registration Fees

IPA New, Premier, Platinum, Emeritus-Practicing, and Student Members - \$0

IPA Basic, Emeritus-Retired Members, and Affiliate Members - \$15

Non-Members - Psychologists and Other Professionals \$30

**If a non-member Student seeking to attend, please either join IPA (free membership with "sponsorship" by an IPA Academic Member or, if outside the state of Indiana, please contact info@indianapsychology.org.*

Registration will close on Thursday, February 19th, 2025.

March 2026 IPA Webinar: Signed, Seen, Understood: Rethinking Assessment for Deaf and Hard of Hearing

Live Webinar

12:00 PM - 01:00 PM EST

IPA 2026 Webinar Series

1.0 Hour of Category I CE credit

Friday, March 20, 2026 at Noon

Registrants will receive further information for participating via Zoom Webinar for the presentation.

Program Description: Signed, Seen, Understood: Rethinking Assessment for Deaf and Hard of Hearing

Psychological assessment with Deaf and hard of hearing (DHH) individuals presents unique challenges and opportunities for clinicians, educators, and researchers. This presentation explores the cultural, linguistic, and methodological considerations essential for conducting valid, ethical, and equitable assessments within this population. Traditional psychological testing tools and procedures are often developed for hearing individuals, leading to potential biases and misinterpretations when used with DHH clients. These disparities can result in inaccurate diagnoses, inappropriate treatment planning, and systemic barriers to services. Key topics include communication access (e.g., sign language, spoken language, cued speech, written English), how to work with qualified interpreters, and the impact of language deprivation or delayed language acquisition on cognitive and emotional development. We will examine specific considerations in cognitive, educational, neuropsychological, and personality assessments, with an emphasis on selecting or adapting tools that are culturally and linguistically appropriate. Attention will also be given to working with Deaf individuals from diverse backgrounds, including those who are multiply marginalized. Attendees will gain practical strategies for enhancing assessment practices, including collaborating with Deaf professionals, understanding the role of Deaf culture, and mitigating linguistic and cultural biases. This presentation aims to increase clinician confidence, cultural humility, and competence when working with DHH clients—ultimately promoting more accurate evaluations and better access and outcomes for this underserved population.

Learning Objectives

By completing this program, participants will able to:

- 1. Identify current challenges in assessing Deaf & Hard of Hearing (DHH) individuals.*
- 2. Critically evaluate existing measures and adaptations.*
- 3. Discuss ethical and multicultural implications of assessment with DHH individuals.*
- 4. Describe proposed directions for equitable assessment practices.*

Presenter Bio: Aarika V. White, Ph.D., HSPP

Dr. White is the Lead Psychologist at Aspire Indiana Health and co-manages the pre-doctoral internship program at Aspire. Dr. White is licensed in Indiana, where she was born and raised, and Florida, where she has lived since November 2021. She graduated from Ball State University in 2012 and has worked in a variety of settings including university counseling, group practice, and community mental health. Although she lives in Florida, she remains an active member of the psychology community in Indiana through both employment and volunteering with IPA. She has served on multiple committees and in leadership with IPA, and is currently serving as Treasurer. Her clinical interests include working with adults with a history of trauma, anxiety disorders, or Borderline Personality Disorder. She is trained in DBT and EMDR. In her current role at Aspire, she provides leadership, supervision, and clinical oversight to behavioral health staff across the organization, develops and delivers trainings, and collaborates on various projects. Outside of psychology, Dr. White enjoys exploring central Florida, playing golf, engaging in various crafts, and spending time with her partner and their 2 Australian Labradoodles, Winnie & Rue.

Dr. Aarika White

Presenter Bio: Silvia Lopez

Silvia is a Program Manager at Aspire Indiana Health where she oversees the Deaf Services program. As a Deaf and fluent ASL user, her leadership is crucial in guaranteeing essential services including interpreting, therapy and skills are accessible across 6 Indiana counties and therapy services extended virtually to all 92 counties. Silvia holds a BSW from Rochester Institute of Technology and an MS in Rehabilitation Counseling from the University of North Texas providing her with a strong foundation in both deaf social welfare and deaf mental health. In her personal life, Silvia is married with a 4 year old CODA (Child of Deaf Adults). For leisure, Silvia enjoys reading, cooking, traveling and cherishing time with family and Deaf friends.

Presenter Bio: Guy Maynard, MA

Guy is a Pre-Doctoral Intern at Aspire Indiana Health. He is a student in the PsyD program at the University of Indianapolis. As a graduate student, Guy has worked in college counseling, community mental health, and private practice settings providing therapy and psychological assessment services. His clinical interests include Autism Spectrum Disorder, neuropsychology, and working with individuals in the LGBTQIA+ community. In his free time, Guy enjoys spending time with his partner and their 12 year-old dachshund, Otis.

Guy Maynard

Presenter Bio: Hannah Hussey

Hannah is a Pre-Doctoral Intern at Aspire Indiana Health. She is a student in the PsyD program at Hawai'i Pacific University. As a graduate student, Hannah has worked in community mental health, military based, and private practice settings providing therapy services. Her clinical interests include geropsychology and aging, trauma psychology, and nutritional, physiological, and health issues. In her free time, Hannah enjoys beekeeping, hiking, reading, and baking sweet treats with friends.

Presenter Bio: Tyler Niedermeyer, MA

Tyler is a Pre-Doctoral Intern at Aspire Indiana Health. He is a doctoral candidate in the Counseling Psychology, PhD program at Ball State University. Tyler has experience working with individuals across the lifespan in a variety of settings including community mental health, private practice, and college counseling. His clinical interests include chronic health conditions, trauma, and geropsychology. Tyler enjoys playing board games, being out in nature, and relaxing at home with partner and 2 cats, Teddy and Tiger.

Tyler Niedermeyer

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IPA Basic, Emeritus-Retired Members, and Affiliate Members - \$15

Non-Members - Psychologists and Other Professionals \$30

**If a non-member Student seeking to attend, please either join IPA (free membership with "sponsorship" by an IPA Academic Member or, if outside the state of Indiana, please contact info@indianapsychology.org.*

Registration will close on Thursday, March 19th, 2026.

March 27, 2026

IPA Spring Ethics Event: The Trust Sequence XV - Risky Business: The Ethics and Risk Management of High-Risk Circumstances in Clinical Practice

Live Zoom Webinar

09:00 AM - 04:30 PM EST

IPA 2026 Virtual Ethics Conference

6.0 Hours of Category I CE credit

15% off your Trust Sponsored Professional Liability Policy premium (for 2 consecutive years at policy renewal)

Friday, March 27th, 2026 9:00 am - 4:30 pm ET

Registrants will receive further information for participating via Zoom Webinar for the presentation.

The Trust Sequence XV - Risky Business: The Ethics and Risk Management of High-Risk Circumstances in Clinical Practice

Program Description:

For over two decades, The Trust has worked to educate and support psychologists in improving their ethics and risk management skills and strategies by providing live workshops, webinars, risk management consultations, and expanding resources. This 15th Workshop in our Sequence series continues to emphasize applied, integrated and strategic methods to help you stay grounded in ethical principles and practices, and to protect you from adverse disciplinary and legal actions.

Psychologists routinely encounter complex, high-stakes situations that require sound clinical judgment, ethical decision-making, and proactive risk management. This advanced workshop provides a deep dive into five of the most legally and ethically challenging areas of practice: compassionate and competent treatment of suicidal patients while balancing clinical and liability concerns, navigating the complexities of duty to protect obligations, working effectively with high-conflict families, managing subpoenas and courtroom testimony, and ensuring a legally and ethically sound termination of treatment. This day-long workshop will provide actionable strategies to mitigate risk, protect clients and practice, and enhance confidence in addressing these critical issues. This seminar is a key training for psychologists seeking to strengthen their ethical competence and safeguard their professional integrity in today's increasingly complex clinical landscape.

** This course will not fulfill requirements of all jurisdictions. It is important that potential participants review their respective state licensing board requirements prior to registering for this workshop.*

Target Audience: The Trust's workshops and webinars are appropriate primarily for psychologists and psychology students, but may also be useful to other related behavioral health practitioners. The Workshop is designed for an intermediate level.

Learning Objectives:

By completing this program, participants will able to:

Describe five principles that can assist in improving ethical, clinical and risk management judgements and decision-making.

?List three erroneous myths regarding patients/clients who become suicidal.

Name three clinical and risk management steps to address imminent suicidality.

Define three elements of meeting standards of care related to the duty to protect.

Identify four dimensions of responding effectively to subpoenas for testimony and

records.

Summarize four essential ethical and risk-management steps in clinician-initiated endings of care.

Presenter: Leisl M. Bryant, Ph.D., ABPP

Dr. Bryant is a licensed New Hampshire and Massachusetts-based clinical and forensic psychologist, with board certification in Forensic Psychology by the American Board of Professional Psychology. She received her B.A. from the University of West Florida, her M.A. and Ph.D. in clinical psychology from Duquesne University, and completed a forensic postdoctoral fellowship at the University of Massachusetts Medical School Law and Psychiatry Program.

Working in both criminal and civil arenas, Dr. Bryant has maintained a private practice in clinical and forensic psychology for nearly two decades and has provided psychological services in a variety of forensic and therapeutic settings. Dr. Bryant is a Fellow with the American Academy of Forensic Psychology, and formerly served as President and Executive Director of the New Hampshire Psychological Association (NHPA). She also served on the NHPA Ethics Committee for over ten years, received the Margaret M. Riggs Award for Distinguished Contribution to Psychology in the State of New Hampshire, and was awarded the Karl F. Heiser APA Presidential Award for Advocacy. Dr. Bryant brings extensive experience in forensic, clinical, and ethical consultation, academic instruction, and professional presentation to her role on the risk management team.

Dr. Leisl Bryant

Special Note: this CE event will not be recorded and is not available for home study

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Eligibility for The Trust Insurance Premium Discounts:

Workshop completion earns 6 CE credits and eligibility to receive a 15% premium discount on your Trust Sponsored Professional Liability Insurance for your next 2 consecutive policy periods. To obtain CE discounts, submit CE certification from an organization approved by APA to offer CE credit (must have been completed within the previous 15 months) with the insurance application. Discounts cannot be combined and are not applicable to Researcher/Academician or Student policies. Group policies become eligible for the CE discount when at least 50% of those insured under the group policy submit CE certification. All applications are individually underwritten and submission of CE certification will not guarantee insurance policy issuance or renewal.

Registration Fees:

Non-Members - Psychologists and Other Professionals \$310

IPA Basic, Emeritus-Retired Members, Academic, Post-doc, and Affiliate Members - \$240

IPA New, Premier, Emeritus-Practicing - \$200

IPA Platinum Members - \$100

Registration will close on Thursday, March 26th at 11:59 p.m.