

Calendar of Events

February 28, 2026

**Hands on Heart
Rise Demonstration Center
2730 Martin Luther King Jr. Avenue SE
Washington, DC 20032**

12:00 PM - 02:00 PM EST

Xi Zeta Omega Program,
program@akaxzo.com

According to the American Heart Association (2022), Black and Hispanic adults having a witnessed cardiac arrest outside the hospital are less likely than Whites to receive lifesaving bystander care. Learn how to save a life in this FREE TO THE PUBLIC training. Must be 18 years or older to participate in the training. Rise to the Rescue!

Contact event co-chairs for more information:

Leslie Gofney, PharmD at lyg25824@yahoo.com and Member Chavon Onumah, MD at Chavon.Blackburn@gmail.com.