Association for Women in Psychology 2018 Conference

Thursday, March 8, 2018 11:00am - 8:00pm

Registration

Wyeth Ballroom Foyer

Thursday, March 8, 2018 1:00pm - 5:00pm

Pre-Conference Workshop 1

O'Keefe Room

The Society for the Psychology of Women (Division 35 of the American Psychological Association) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Society for the Psychology of Women maintains responsibility for this program and its content.

Social Media’s Influence on Self-Esteem and Self-Regulation

Sara Martino

This course will begin with an introduction to self-harm behaviors, including self-mutilation and eating disorders. We will then move into social media outlets. Social media will be described and the level of involvement for different age groups as well as the harmful effects of social media.

Pre-Conference Workshop 2

Benton Room

The Society for the Psychology of Women (Division 35 of the American Psychological Association) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Society for the Psychology of Women maintains responsibility for this program and its content.

Gender Affirmative Care: Assessment, Intervention, and Advocacy for Transgender and Gender Nonconforming People

Coleen Williams  Kerry McGregor

Mental health clinicians have an increased need to develop competency in the realm of gender-affirmative care for transgender and gender nonconforming (TGNC) people. This workshop trains clinicians on how to provide care for TGNC people across the lifespan with an emphasis on assessment, intervention, and advocacy.
**Pre-Conference Workshop 3**  
*Warhol Room*

**Older Women's Caucus (OWC) Preconference Workshop**

**Leonore Tiefer**

This 3rd year of our preconference workshop, the OWC will build on our successful previous meetings in 2016 and 2017. We will discuss retirement, older living issues, older women's feminist psychology identity, and planning AWP history events in 2019.

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**Welcome Reception**  
*Whistler Ballroom*

Please join us for a welcome reception to kick off this year’s conference!

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**Implementation Collective Meeting**  
*Warhol Room*

**Implementation Collective Meeting**

<table>
<thead>
<tr>
<th>Elizabeth Bennett</th>
<th>Aliya Khan</th>
<th>Nikolai Houston</th>
<th>Karen Tao</th>
<th>Liz Abrams</th>
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<tbody>
<tr>
<td>Yuki Okubo</td>
<td>Sharon Siegel</td>
<td>Keely Hirsch</td>
<td>Riddhi Sandil</td>
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The Collective will meet for our annual pre-conference meeting. If you are interested in the business and administration aspects of AWP, please join us!

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**Registration**  
*Wyeth Ballroom Foyer*

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**Run Around Philly**  
*Meet in Hotel Lobby*

Join Sara for an easy-paced 3 mile run around downtown Philly! Meet in the hotel lobby to depart promptly at 7:00am.

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**Continental Breakfast**
Join us for a complimentary continental breakfast before our Opening Session!

Friday, March 9, 2018 8:30am - 10:10am

**Opening Session**

Welcome from 2018 Conference Co-coordinators
Elizabeth Bennett, *Duquesne University*; Sara Martino, *Stockton University*

Implementation Collective Welcome and Updates
Sharon Siegel, *Collective Coordinator*

Keynote Address: Sustainability of Women's Power and the Future World
Ubaka Hill, *Activist, Performer, Artist*

Friday, March 9, 2018 10:30am - 12:00pm

**Distinguished Publication Award Presentation - The Myth of Justice for All: Resistance in Permanence**

**Warhol Room**

Dr. Gloria Joseph is an octogenarian and a longtime activist and scholar who has been recognized as “a living radical Black feminist legend.” She is Professor Emerita of Psychology (Hampshire College) and co-author of *Common differences: Conflicts in Black and white feminist perspectives*, published in 1981. She was intimately involved in the development of Black feminism is the U.S., in addition to having been the partner of Audre Lorde at the end of her life. Dr. Joseph has received the Distinguished Publication Award for her bio-anthology, *The wind is spirit: The life, love, and legacy of Audre Lorde*, a book which brings together reflections from a wide range of people who knew Audre at different periods of her life.

Dr. Joseph’s invited address will look at the roles of class consciousness and class analysis in challenging structures that support, encourage and allow justice only for the privileged.

Friday, March 9, 2018 10:30am - 12:00pm

**Paper Session: Academia**

**O'Keefe Room**

Educational Upward Mobility and Backlash - Is There a Connection?
Jessie Buttacavoli-Smith, Elin Ovrebo, Sue Lease, Emily Brown

Few studies explore the backside of educational upward mobility, which may show in the form of pushback from family, friends, and educational systems. This study investigated how perceived backlash, self-esteem, and race predicted psychological distress for women in higher education. We will discuss the need and utility of the research.

Nevertheless they persisted: Feminist mentoring in undergraduate psychology
A gap exists between the literatures on feminist mentoring in psychology and undergraduate research in psychology. The authors explore the current models of feminist mentoring and how they can be applied to undergraduate research mentoring relationships. Implications of feminist mentoring on student career trajectories is a focus.

## Advancing gender equity in STEM leadership: Opportunities and challenges

Lori Koelsch  
Jana Patton-Vogt  
Alan Seadler

This presentation will describe and provide updates on our work as members of the IDEAL-N initiative, which promotes gender equity in STEM disciplines at the leadership level. A cornerstone of this initiative is the application of broad social science research to local contexts.

## Empowerment through Teaching: Faculty Experiences in Learning Communities

Brandi Rima  
Crystal Rodriguez

In this presentation, we will explore learning communities (LC) as an empowering teaching experience for community college faculty. We will examine whether LCs (1) provide faculty with community support and advocacy to build protective factors against oppression and (2) enhance faculty's sense of community, networking, and retention.

### Paper Session: Black Women's Issues

**Friday, March 9, 2018  10:30am - 12:00pm**

**Benton Room**

#### A Culturally Adapted Depression Intervention for African American Women with Depression: Still I Rise

Earlise C. Ward

A Culturally-Adapted Depression Intervention:
The Oh Happy Day Class (OHDC) is designed to treat depression in African American women. The OHDC is a 12-week group-counseling intervention, using cognitive behavioral and Afrocentric principles (Nguzo Saba). The OHDC focuses on increasing knowledge of depression, reducing symptoms of depression, and increasing healthy coping.

#### African American Sexual Assault Survivors, Trauma Exposure, and Help-seeking

Sarah Ullman

This presentation discusses results of 836 survey responses from a large urban area to better understand how various types of traumatic experiences impact help seeking from various formal support sources in African American women survivors of sexual assault.

#### Black women's perceptions of womanhood: A qualitative analysis.

Martinque Jones  
Stephanie Joseph  
Nekya Garrett

A qualitative examination of the meaning of womanhood was conducted in a sample of 251 Black-American women. Thirteen meaningful categories of womanhood emerged. The frequencies of category endorsement suggest womanhood is defined by a combination of factors that include a woman's roles, her physical characteristics, embodied traits, and oppressive experiences.

#### From the Myth of Black Intellectual Inferiority to Slut-Shaming of Black Women in Academia

Judite Blanc
In this presentation, we intend to demonstrate that given the socio-historical context, black women are in the front line of the victims of epistemological violence.

Friday, March 9, 2018 10:30am - 12:00pm

**Paper Session: Girls, Activism**

Hopper Room

‘The Road to Success Starts with Access’: Traveling the Bumpy Road of GirlPAR

Lyn Mikel Brown      Adrienne Carmack

This paper explores a feminist GirlPAR project on public transportation developed by high school students enrolled in an alternative/teen parenting program and undergraduate Education students. We explore our collective intergenerational work through a series of relational negotiations and efforts to address power and privilege.

Harnessing The Power and Potential of Girls’ Group Spaces: Theoretical, Developmental, and Methodological Considerations

Katherine Clonan-Roy      Charlotte Jacobs

This presentation discusses the importance of creating informal educational spaces that nurture adolescent girls' emotional and psychological survival. Calling upon qualitative research conducted in girls' group spaces, this paper examines the theoretical, developmental, and methodological power and potential of girls' group spaces for adolescent girls and their adult allies.

Sexualization of Girls: An Update

Julie Koven      Sharon Lamb      Charlotte Brown      Melanie Dusseault      Cara Forlizzi

In this paper, we provide an update to the Report of the APA Task Force on the Sexualization of Girls to explore how sexualizing material continues to be a pervasive issue and impact young girls and women. Research on prevention and intervention are also presented.

Standing Up and Speaking Out: Black Girls’ Agency & Activism in Elite Independent Schools

Charlotte Jacobs

Largely absent from the scholarship are empirical inquiries into the identity construction of Black girls in independent schools. This paper uses Black girlhood studies and racial literacy as frames to understand how agency, resistance, and resilience play a critical role in Black girls' educational experiences in elite schools.

Friday, March 9, 2018 10:30am - 12:00pm

**Paper Session: Psychotherapy Issues**

Horner Room

Counselor Self-Care and Mindfulness

Kaylee Friedman

This presentation will examine the issue of counselor burnout prevention through the practice of self-care. Mindfulness is recommended as one of the most effective forms of counselor self-care, providing relief from the risk factors associated with burnout and enhancing protective factors.

Feminist Attachment-based Psychotherapy
Lauren Weisberg

This paper examines feminist attachment-based psychotherapy, including a case example of a woman who has survived trauma and who engaged in treatment utilizing this approach.

The Gender Difference in Depression: Are Elderly Women at Greater Risk for Depression than Elderly Men?

Kaite Yang  Christine Ferri  Joan Girgus

We reviewed the empirical literature on gender differences in the diagnosis and symptom severity of unipolar depression among elderly men and women and the psychosocial factors that predict a gender difference. Implications for research on age-related psychosocial predictors and application in clinical screening and treatment will be discussed.

Using Early EMDR Interventions (EEI) to Heal Chronic Societal Trauma and Improve Resilience

Rebecca Rosenblum

This paper will discuss the use of early EMDR interventions in disaster response, Trauma Recovery Networks, and how these concepts and practices can be applied to chronic social traumas that affect marginalized communities. In so doing, the resilience of these communities can be strengthened.

Friday, March 9, 2018  10:30am - 12:00pm

Paper Session: Writing and Language  Wyeth Gallery A

Amateur Verses That Heal; How The Woman Poet-Psychologist Exists In A Field Of Man And Facts

Alexandra Lorenz

In this paper, I seek to understand the implications of being a poet in a world of scientists and a philosopher in a sea of psychologists. I weave together my own verses with others' writings on poetry, therapy, science, and art in the hopes of creating a cohesive narrative.

Objectifying Language, Academic Performance, and Body Perception: Do Words Matter?

Erick Aguinaldo

Sexual objectification of the female body has become normalized in American culture. With its normalization and prevalence, its effects on society and women specifically, are a crucial point of study. The current research examines the ways in which overhearing objectifying language influence the mental performance and body perception of women.

Teaching and Writing Feminism in a "Post-Truth" Era

Kate Richmond

In this presentation, I will draw from my experience of writing a Psychology of Women undergraduate textbook to explore how best to select content in classes that focus on feminist psychology. By offering students the possibility of multiple truths, they are more prepared to critically engage in a post-truth era.

The label matters: Holding feminist ideals is not the same as calling yourself a feminist

Christine Smith  Julie Konik

Does it matter if someone calls themselves a feminist if they hold feminist ideals? We examined sexism, racism,
heterosexism, and challenging gender norms in three groups, feminists, non-feminists, and non-labelers. Non-labelers differed from those who call themselves feminists on hostile and benevolent sexism, homophobia, and gendered attitudes.

Friday, March 9, 2018 10:30am - 12:00pm

**Structured Discussions A**

**Whistler Gallery A/B**

<table>
<thead>
<tr>
<th>#MeToo and Sexual Assault: The Impact of Social Media and Its Clinical Implications</th>
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<td>Sandra Fanning</td>
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> The #MeToo hashtag has recently gained popularity and been used by millions of sexual assault survivors globally to show solidarity through sharing their stories. Join the discussion on effective ways to address sexual assault in various modalities and to help build courage and instill hope in survivors.

<table>
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<tr>
<th>Breaking Intergenerational Trauma in African American Women with Sexual Abuse</th>
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<tr>
<td>Briana Smith</td>
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> Join me in a thorough discussion on the complexities of African American women and the unspoken experience of sexual abuse. Abuse is a rarely discussed topic in the African American community and because of this, African American women may experience sexual abuse and potentially create an intergenerational trauma cycle.

<table>
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<tr>
<th>Cultivating Resilience in Mid- and Late-Career</th>
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<tr>
<td>Kenna Bolton Holz</td>
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> While the challenges of early career are widely acknowledged, less is known about the challenges of mid- and late-career psychologists. This structured discussion will be an opportunity for members to discuss mid- and late-career challenges, as well as to share strategies they have found helpful in cultivating career resilience.

<table>
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<tr>
<th>Feminist Psychologist as Engaged Citizen</th>
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<tr>
<td>Mary Hayden</td>
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> We will discuss the trauma of our current national political situation and ways we can channel our own and our students’ and clients’ energies into productive activist goals. We will look at barriers to voter rights, direct action, and educational strategies. Bring your ideas and resources to share.

<table>
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<tr>
<th>Resistance to Violence through building a Grass Roots Movement using Social Media</th>
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<td>Casey Boland</td>
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> An advocacy project to engender a grassroots movement in support of the National Plan to End Interpersonal Violence is presented. Advocacy efforts use social media. Data examining successes and barriers encountered is provided. There will be an interactive discussion about ideas for making advocacy using social media successful.

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<tr>
<th>Title IX Federal Policy and the Role of Mandated Reporters</th>
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<td>Gutukunst Malaika</td>
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> Title IX federal policy addresses conduct concerns including sexual harassment and assault, while mandating that university employees report all such offenses. Given the prevalence of sexual misconduct on college campuses and the importance of understanding the needs of survivors, a thoughtful evaluation concerning the influence of this policy is required.
Workshop: Consent
Wyeth Gallery C

Learning the Meaning of "Yes" -- Teaching Consent-Based Sex Education Early
Emily Bryan

Consent is tricky, yet we live in a society that assumes we are born knowing how to consent and normalizes nonconsensual sex. We have to learn consent. Here, I will be discussing what it means to give and embody consent and how to implement consent-based sex education in K-12 classrooms.

Workshop: Race, Prejudice, Psychotherapy
Wyeth Gallery B

Race, Prejudice and Group Psychotherapy
Nancy Maguire

A didactic clinical presentation of a psychotherapy group confronting and resolving issues among group members around race and prejudice. Emphasizing the group's process and the therapist interventions, this training will address the reluctance to discuss race, prejudice, difference within groups, and how therapists can become more comfortable fostering the discussion.

Lunchtime session: Complexities of Sexual Empowerment
Warhol room

Sharon Lamb     Kristin Silver

Come join us for a session over lunch discussing the complexities of sexual empowerment, ambivalence about the #metoo campaign, and how sexual empowerment manifests differently for girls/women of color.

New Member Lunch
Whistler Gallery B

New Member Event

Elizabeth Abrams  Karen Tao  Sharon Siegel  Elizabeth Bennett  Keely Hirsch
Aliya Khan  Riddhi Sandil  Yuki Okubo  Nikolai Houston

This event is free to all new members. If you are new to AWP, sign up and attend to learn more about the organization and network with returning members. If you are a returning member, attend to welcome and connect with our newest members.
Feminist Forum is an opportunity to discuss topics of importance in a feminist space. Time will be devoted to discussing how we can apply what we are learning at the conference and beyond in our communities. All are invited to participate.

Film: Gen Silent

LGBT people who fought the earliest battles for equality now face so much fear about discrimination, or worse, in health care/long-term care that they hide their past lives, are afraid to ask for help, and die earlier. But, a small group of professionals are trying to change that.

International Women's Caucus

Paper Session: Assault Prevention

CONSENT IS NOT ENOUGH: Campaigns to Prevent Sexual Assault

Sharon Lamb  Inga Schowengerdt  Charlotte Brown

In this paper we perform a discourse analysis of almost 200 Public Service Announcement (PSA) posters on promoting 'consent' as one answer to the problem of sexual assault on campuses. Five themes and discourses are presented.

Thinking Critically About Women's Self-Defense

Alexis Fabricius

This presentation builds on the work of feminist scholars who argue for feminist women's self-defense (FWSD) as a viable option in gendered violence prevention by reviewing its history, contrasting it with women's self-defense (WSD), and then offering both criticisms and suggestions for the future.

The Shadow of Sexual Assault: Creation and Initial Validation of a Daily Experience of Rape Culture Scale
The concept "rape culture" emerged in an attempt to understand why sexual assault is so prevalent in U.S. Society. It captures the idea of rampant entitlement to women's bodies. This study presents development of a scale that measures the daily experiences of rape culture in undergraduate women.

**Structured Discussions B**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Time/Date</th>
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<tr>
<td>Addressing Female-Female Intimate Partner Violence: A Discussion of Barriers and Disparities in Seeking Help</td>
<td>Friday, March 9, 2018 1:00pm - 2:00pm</td>
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<tr>
<td>Courtney Taylor</td>
<td>Nicole Johnson</td>
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Lesbian and bisexual women experience higher rates of intimate partner violence (IPV) and long-term effects; however, are often ignored in research/intervention. We will discuss the dynamics of IPV within female-female relationships, with a focus on barriers to seeking help and understanding disparities. Strategies for implementing interventions will be explored.

**Connecting as Feminist Therapists - A meeting of the Feminist Multicultural Therapy Caucus**

Claudia Pitts

The Feminist Multicultural Therapy Caucus will be holding an informal case consultation and caucus meeting. In this time of intense cultural division, we are striving to create a national network of therapists who identify as feminist or feminist multicultural, to provide each other professional support and consultation.

**Kink-aware Counseling and Intimate Partner Violence: How Can Counselors Help?**

Annalisa (Lylly) Smithson, Jake Wolf, Malaïka Gutekunst, Nicole Johnson

We will explore the differences between intimate partner violence and healthy BDSM (Bondage/Dominance Sado/Masochism) relationships, specifically addressing IPV that occurs within BDSM. We hope this discussion will encourage counselors to become more kink-aware, identify opportunities to support individuals within their relationships, and respect individual's right to sexual freedom.

**Sexual Violence in the Media, our Universities, and Our Communities: Dealing with Backlash**

Megan Greeson

Participants will discuss how they have encountered instances of "backlash" toward feminist, intersectional perspectives on sexual violence in the media, their universities, and their communities. We will discuss how it has affected our work, how it has impacted us personally, and how to deal with it.

**Teen Moms: Transforming and Empowering their Identity**

Akilah Reynolds, Marquita Stokes

AIM4TeenMoms is a program to reduce rapid repeat pregnancy by empowering young mothers to engage in future goal planning that is aligned with their values. Structured discussion will include elements that encourage success, potential barriers, and cultural factors that influence motherhood and adult development among culturally diverse young women.

**The Visible Identity No One Wants to See: The Pervasiveness of Sizeism**
We live in a fat-phobic society that has moralized fatness. This structured discussion will explore the complex and pervasive experiences of sizeism, an identity status society doesn't want to see. The discussion will be framed with the lens of resiliency; bringing visibility to a status shamed into invisibility.

Friday, March 9, 2018 1:00pm - 2:00pm

**Symposium: Community Engagement**
Benton Room

**It Takes A Village: Community Engagement of Stakeholders in School Settings**

Pamela Cornejo  Erica Lehman  Rachael Clark

This symposium aims to describe interdisciplinary efforts in collaborating with stakeholders (i.e. parents, teachers, school staff, and students) to explore the student experience with consideration of their cultural and social contexts, identify student mental health needs, and address associated behavioral concerns.

Friday, March 9, 2018 1:00pm - 2:00pm

**Symposium: LGBTQ Well-Being**
O'Keefe Room

**Minority Stress and Anti-LGBTQ Politics: Threats to LGBTQ Well-Being During the Trump Era**

Kirsten A. Gonzalez  Johanna L. Ramirez  Lex Pulice-Farrow  M. Paz Galupo

The purpose of this symposium is to review the historical impact of anti-lesbian, gay, bisexual, transgender, or queer (LGBTQ) political administrations, policies, and legislation on LGBTQ well-being. Presentations will focus on the impact of Trump's presidency on LGBTQ people and will include some time for audience discussion and questions.

Friday, March 9, 2018 1:00pm - 2:00pm

**Symposium: Psychological Evaluation**
Warhol Room

**The Forensic Psychological Evaluation of Asylum Seeking Women**

Kim Baranowski  Melissa Moses  Jasmine Sundri

This symposium will orient attendees to the documentation of human rights abuses through highlighting asylum seekers fleeing gender-based violence. The presentation will focus on the experiences of women escaping gang and intimate partner violence in Central America, as well as women seeking asylum due to female genital mutilation/cutting worldwide.

Friday, March 9, 2018 1:00pm - 2:00pm

**Symposium: Social Media**
Wyeth Gallery C

**Gender, Reproduction, and Menstruation in the Age of Social Media**
In this symposium we discuss social media in three contexts: the role of Reddit for those navigating a PMDD diagnosis, the use of online support groups for those going through preimplantation genetic testing (PGT) and in vitro fertilization (IVF), and the impact of the gender reveal party on pregnant subjectivity.

Friday, March 9, 2018  1:00pm - 2:00pm

Symposium: Student Activism  
Hopper Room

A Tale of Student Activism: Part I & II

Aleesha Young  Stephanie Toro  Sri Harathi  Madison White  Zainab Saura  
Kathleen Burns  Gary Huang  Heather Wimmer

A student-run group makes ongoing efforts to address the limited focus on the intersectional identities of people with diverse cultural backgrounds within a doctoral-level training program. This symposium outlines the progress made in increasing competence in social justice and diversity issues, as well as plans for continued improvement.

Friday, March 9, 2018  1:00pm - 2:00pm

Workshop: Black Women in Pornography  
Wyeth Gallery B

"Let me tell ya'll 'bout Black Chicks": Images of Black Women in pornography

Carolyn West

The purpose of this workshop is to:
• Identify racial stereotypes in pornography.
• Discuss the historical origins of Black women's images in pornography.
• Identify psychological consequences associated with pornography for Black women, with a focus on sexual victimization.
• Discuss the consequences of using pornography to resist the politics of respectability.

Friday, March 9, 2018  1:00pm - 2:00pm

Workshop: Fostering Resilience  
Wyeth Gallery A

Microaggressive Experiences of Women in Psychology: Fostering Resilience through Qualitative Research Narratives

Amanda Almond  Marisa Moore  Erin Ayala  Daisy Salas  Audrey Powell

In this workshop, presenters will summarize qualitative findings regarding microaggressions experienced by a national sample of students and early career women in psychology. They will discuss types of microaggressions, identities targeted, feelings, and reactions reported by participants. Attendees will explore ways to respond to microaggressions in their own environments.
Imp-Sponsored Session: Intergenerational Feminist Psychology
Warhol Room

Intergenerational Feminist Psychology: Dialogues to Build Bridges (Imp Sponsored Session)

Britney Brinkman    Leonore Tiefer    Elizabeth Abrams    Aliya Khan    Yuki Okubo
Riddhi Sandil    Nikolai Houston    Elizabeth Bennett    Karen Tao
Keely Hirsch    Sharon Siegel

This structured discussion will focus on intergenerational feminist psychology. Two feminist psychologists from different generations will share their yearlong process of getting acquainted, focused on the meaning of intergenerational feminist psychology. Half of the session will be devoted to participant discussion using a fishbowl style.

Paper Session: Protest
Horner Room

'Comrades in the struggle'? Effective allies offer autonomy-oriented help and express outrage about sexist oppression

Shaun Wiley    Christine Dunne

In two studies (N = 96, 400) women reported that men who offered autonomy-oriented help to fight sexist oppression were better allies than men who offered dependency-oriented help. Reading about such men increased women's acceptance of gender inequality, however, unless men also expressed outrage about sexist oppression.

Restoring Radicality: Resisting Neoliberal Medicalization in Rape Crisis Centers
Shannon Peters    Lisa Cosgrove    Madeline Brodt    Justin Karter    Zenobia Morrill

Rape Crisis Centers are vital in supporting sexual violence survivors, but are not immune to the push to medicalize distress. Using a medical model may pathologize survivors' experiences and obscure sociopolitical context, but also normalize survivor experiences. Themes from qualitative interviews with six rape crisis clinicians will be presented.

Sexual Identities and Protesting: The role of education, social networks, and gender attitudes
Eric Swank

This study explains the link between sexual identities and protest behaviors. When analyzing ANES data from 2012 (n=3,813), logistic regressions suggest that gays and lesbians protested more often because they are younger, more educated, integrated into political networks, and are more aware of institutionalized sexism and racism than heterosexuals.
Social class is more than just how much money you have. It's also the clothes you wear, the music you like, the school you go to -- and has a strong influence on how you interact with others (Keltner, Kraus, & Piff, 2011). It is a more profound part of who we are than we have typically acknowledged. Lott and Bullock (2007) have argued that psychology as a discipline has neglected social class, and this has impaired our knowledge base and our clinical practice. As an association we might also ask how our lack of understanding of social class impacts our interactions, processes and policies. Social class refers to hierarchical distinctions between individuals or groups, characterized by differential access to necessary resources. As a critical element impacting the individuals' lives, it merits increased attention from mental health professionals. In an effort to bring social class and related topics to the fore in AWP, an interest group on social class was convened during the 2006 and 2007 annual conferences, participants of which decided to form the Social Class Caucus. Some recent research and publications suggest that both researchers and clinicians are developing a better understanding of the impact of social class on human interactions. The Social Class Caucus works for social class consciousness among AWP members and within psychology and mental health practice.

Mary Burke

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**Structured Discussions C**

**Whistler Gallery A/B**

**Can We Have it All?: Current Trends for Women in the Workplace**

Tyler Collie  Adrionia Molder  Spring Lepak

The structured discussion will focus on current trends of women in psychology facing the continuation of gender inequities in academic, clinical, and student positions. Participants will explore issues related to work-life balance, entry into leadership positions, and development and maintenance of a gender-safe work atmosphere.

**Collaborating across disciplines to create campus dialogues on mental illness**

Amanda Jantzer  Pamela Bacon  Sabrina Urick  Rachel Perri

How may we more effectively create campus communities that support students struggling with mental illness? This guided discussion will focus on innovative, interdisciplinary, collaborative strategies to create dialogue, reduce stigma, and encourage help-seeking behaviors, particularly for traditionally marginalized college students.

**Correlates of Faking Orgasms Among Women: Examining the Influences of Fear, Anxiety, Shame, and Altruistic Deceit**

Kristin Silver  Dawn Johnson

We will discuss a study that investigated faking orgasms using objectification theory. Faking orgasms was related to altruistic deceit (i.e., to spare a partner's feelings), fear and insecurity, body shame, and anxiety. We will discuss the consequences for women's sexual empowerment and clinical implications for sex-positive, feminist therapy.

**Facilitating Hope in Survivors’ Groups in the Current Climate**

Leslie Bautista

Support groups for sexual assault and relationship violence survivors have undergone changes due to the recent normalization of abusers and increased activism of survivors and allies. This structured discussion will provide space for facilitators of these groups to share experiences, ideas and strategies for helping groups navigate these changes.

**Points in the Pipeline: Women Academic Administrators at Three Career Stages**
Women at three points in their academic administration careers will explore how service in college/university leadership roles may differ over time. The presenters will discuss their motivation to serve, professional goals, typical problems, relationships with colleagues, the climate for women, and conflicts in their administrative, academic and personal identities.

**Therapy with Multiracial Clients: Focusing on the Future Through a Feminist Lens**

Katrina Liukko

Although multiracial individuals represent one of the fastest growing segments of the U.S. population, significant gaps exist in theory and research in terms of working with mixed-heritage clients in therapy. Discussion anchored by a feminist framework will allow us to better understand the unique therapeutic needs of multiracial individuals.

**Toxic Masculinity and Misogyny in the Current Sociopolitical Milieu: Struggles, Strategies & Support**

Audrey Ervin  Stephanie Dunn  Jennifer O'Donnell

This interactive discussion invites feminists to discuss struggles and strategies to negotiate toxic masculinity and misogyny in the current sociopolitical milieu. How do we support each other while challenging oppressive systems and environments? How do we interrupt individual and institutional misogyny? How do we stay outraged yet tend to self-care?

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Student Caucus

Hospitality Suite

The Student Caucus was formed to represent the position and needs of student members of the Association of Women in Psychology. In addition to other aspects of their identities, students face unique challenges in professional domains. The power dynamics experienced by students in conference and other professional spaces are often overlooked. This caucus gives students a space to engage with other peers about their struggles and achievements within the discipline of psychology. Participants are also able to build a network of peers with whom to collaborate and communicate with both within and outside conference spaces.

Find us on Facebook:
[https://www.facebook.com/groups/548923901796573/](https://www.facebook.com/groups/548923901796573/)

Elizabeth Bennett

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Symposium: Anger to Advocacy

Benton Room

From Anger to Advocacy: Tales From the Association of Women in Psychology - Connecticut Chapter

Margaret Hughes  Zainab Suara  Kathy McCloskey  Aleesha Young  Brittany Newman  Sri Harathi

We will explore the psychological effects that the election of Donald Trump as President of the U.S. had on clients
and clinicians individually, as well as its impact on the therapeutic relationship. We will also discuss the advocacy efforts lead by AWP-CT in response to the current political climate.

Friday, March 9, 2018  2:20pm - 3:20pm

Symposium: Power, Marginality, Mistreatment
O'Keefe Room

Power, Marginality, and Mistreatment
Sheila Brassel  Isis Settles  NiCole Buchanan  Nkiru Nnawulezi  Clare Mehta

Power dynamics play an important role in the mistreatment of marginalized group members. This symposium presents three projects that examine the varied ways in which power dynamics and marginalization contribute to negative outcomes for racial/ethnic minorities and women in research teams, the academic workplace, and in interactions with police.

Friday, March 9, 2018  2:20pm - 3:20pm

Workshop: Activism in the Classroom
Wyeth Gallery A

Feminist Activism in the Classroom: It's Not Just for Women's Studies 101
Crystal L Hendrick  Christine Smith

This workshop will explore the many different ways in which you can use feminist activism in the classroom. Participants will leave with specific strategies based on class size, course content, class modality, and institution type. Implications for student learning, skills training and resiliency will be discussed.

Friday, March 9, 2018  2:20pm - 3:20pm

Workshop: Building Racial and Gender Equity
Horner Room

JUSTalk: Conversations and Skill Building for Racial and Gender Equity
Erin Hipple  Susan Wysor Nguema

The aim of this workshop is to facilitate a conversation about racial (white) and gender (cis, male) privilege (and the intersections and divergences therein) in academic, professional, and clinical settings, and to practice skill building that gives participants tools to disrupt dominant, oppressive structures with the intention of fostering equity.

Friday, March 9, 2018  2:20pm - 3:20pm

Workshop: Clinical Care
Hopper Room

TRANS-forming Clinical Care: Promoting Resilience with Transgender and Gender Diverse Youth
As gender identity continues to receive increased national attention, clinicians are called upon to provide gender affirming and culturally competent care to transgender and gender nonconforming (TGNC) youth. This workshop will focus on discussing behavioral health considerations and interventions for working with TGNC youth between the ages of 4–18.

**Workshop: Peer Mentorship**

**Wyeth Gallery B**

Lifting as we climb: Rising up through peer mentorship among students and faculty of color

Camara Chea  Karen Tao  Halleh Hashtpari  Kritzia Merced  Patty Kuo

Pamela Cornejo  Uma Dorn

This workshop invites participants to examine processes of mentorship for students and faculty of color in graduate programs. We will present a framework inspired by Psychosociocultural Model, Multicultural Orientation, Complex Personhood, Positive Marginality, and Community Cultural Wealth. Through interactive activities, participants will take away tools for reimagining their own models.

**Workshop: Resisting Destructive Masculinity**

**Wyeth Gallery C**

Resisting destructive masculinity: Implementing feminist therapy within a majority male identified population

Jennifer Bezanson

This workshop shares how to challenge destructive masculinity and empower clients who identify as men and struggle with addiction. Included is a personal perspective of working within this environment and the resiliency needed to hold space for yourself and the work.

**Workshop: Sexism**

**Hopper Room**

Rising out of institutional misogyny: a case study of sexism set against the backdrop of a national title IX scandal

Emma Wood

This workshop is part raw-confessional storytelling and part interactive teaching. Participants will be walked through the journey of one feminist psychologist's experience of marginalization, discrimination and retaliation within the country's largest baptist institution. Storytelling will be combined with current research on microaggressions against women, rape culture and healing from trauma.
**Barriers to safer sex practices for sexual minority women.**

Kodee Walls

This presentation focuses on qualitative research paper exploring barriers to safer sex practices for sexual minority women. The most frequently cited barrier was lack of education, knowledge, and awareness of risk related to STIs.

**Coping with Heterosexist Parental Rejection: Common Themes and a Preliminary Stage Model**

Cara Herbitter  
Heidi M. Levitt

We conducted semi-structured interviews with 15 lesbian, gay, bisexual, and queer (LGBQ) people about their experiences coping with heterosexist parental rejection. The core category that emerged was: Parental rejection was experienced as harmfully corrective and then internalized; reframing the rejection as heterosexism mitigated internalized heterosexism and enabled adaptive acceptance strategies.

**Public Displays of Affection in Same-Sex vs. Opposite-Sex Couples and the Influence of Loved Ones' Approval**

Devin Simpkins  
Sara Martino

There is limited research that addressing public displays of affection in same-sex couples. The current study seeks to explore the relationship between public displays of affection and its relationship to social approval.

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**Paper Session: Resilience**

**From Victimization to Empowerment: Using Communalized Narration to Address Military Sexual Trauma**

Alisha Ali  
Stephan Wolfert  
Bruce Homer

This presentation reports findings from a program that uses communalized narration of military veterans' trauma monologues to reduce PTSD. Women veterans' monologues revealed experiences of military sexual trauma. The program includes an activist element that begins to heal such trauma by including civilians in the process of narration and sharing.

**Resilience as a Moderator of the Relationship between Race-related Stress and Anxiety among Multiracial Young Adults.**

Idia Thurston  
Laura Marks  
Kristina Decker  
Caroline Kaufman

We examined whether resilience moderates the relationship between race-related stress and anxiety among multiracial young adults. Findings suggested that the relationship between race-related stress and anxiety varied by level of resilience, such that those with the highest levels of resilience had the weakest relationship between race-related stress and anxiety symptoms.

**Triple Minority Women and Sexual Victimization: Resiliency and Post-Victimization Mental Health**

Gabriela López  
Elizabeth Yeater
Lesbian, mostly lesbian, and bisexual women from the Chicago area were asked about their mental health. This study uses the minority stress theory and risk vs. resiliency hypothesis to examine mental health and resiliency in sexual and ethnic minority women (triple minority status) after sexual victimization during their post-victimization recovery.

Friday, March 9, 2018 3:40pm - 4:40pm

**Poster Session 1**

Please join us in the Ballroom Foyer for a poster session. Enjoy coffee and sweets, too!

**A Look at the Content of Thinspiration and Fitspiration on Two Different Social Media Platforms.**

Olivia Eldredge

The purpose of our study was to conduct a thematic analysis consisting of both images and associated text to analyze the content of popular muscularity or thinness oriented hashtags found on two popular social media platforms. Our focus included message themes and dominant target body appearances displayed by each.

**A Qualitative Explorations of Help Seeking Facilitators for Asian American Women with Disordered Eating Concerns**

Yuying Tsong  Shu Coco Wang  Melissa Ward  Alexandria Dilley  Rebekah Smart

AA women are equally at risk for eating disorders (ED) as White women in the US. However, AAs are 51% less likely to utilize mental health services than Whites; This presentation analyzes short narrative responses from 165 AA women to explored the factors that facilitate mental health services utilizations.

**Adverse Childhood Experiences (ACEs) and Women's Weight: What do sociodemographic characteristics have to do with it?**

Katie Ports

Associations between sociodemographic characteristics, adverse childhood experiences (ACEs), and weight among U.S. women were examined. Of the 135,038 women respondents, 59% were overweight or had obesity. ACEs and sociodemographic characteristics were associated with higher BMIs, and exposure to ACEs had a stronger association with weight for some populations.

**American Amazons: Psychological Hardiness in Women Who Have Completed Army Ranger Training**

Megan Wade  Mary Ellis  Mindy Merricle

**An Examination of the Relationship between Athletic Identity and Well-Being in Division III Female Athletes**

Lauren Yurish  Meredith Deal

This study has been developed to assess the relationship between athletic identity, campus involvement, and well-being among Division III female student-athletes. This research will help counseling psychologists, coaches, and campus administrators to better understand the benefits and/or risks with athletic identity and/or campus involvement.

**Asian American women healing from disordered eating: A qualitative study**
This presentation focuses on the experiences of healing from disordered eating in five Asian American women. Analyzing data from interviews using Interpretive Phenomenological Analysis, themes include barriers to healing, pivotal moments, alternative healing strategies, experiences in therapy, cultural adaptations to traditional Western therapy, and culturally specific psychoeducation.

Black Cis-Women’s Views on Cultural Competency in Reproductive Health Care

Frances Howell

Using qualitative methods informed by black feminist thought and postmodern constructivism, this study investigates whether or not developing an effective model for cultural competency in reproductive health care will aid in acknowledging the historical reproductive violations of black women in order to help reduce health disparities among this population.

Body Image Self-Esteem in College Women: Feminist Identity May Not Protect from Societal Pressures

Kelly Cuccolo Wendy Fisher Richard Ferraro

Dieting, disordered eating, and body image concerns are mainstream issues. Using the FIDS, we examined body self-esteem at different feminist stages to determine if feminism is a protective factor. Results suggest that feminist ideal endorsement negatively predicts body self-esteem. Implications for societal views of feminism and body image are discussed.

Children’s judgments about gender stereotyped actions and preferences: Associations with gender and age

Margaret L. Signorella Judith E. O. Blakemore

We reviewed gender and age associations in research from four general types of measures used with children: cognitive flexibility; explicit and implicit sexism; evaluations of the desirability of violating gender norms; and studies of children’s responses to actual gender nontraditional behavior in other children.

Does Relational Leadership Improve Outcomes in Early Childhood Education Centers?

Anne Douglass Rachel Chickerella Meredith R. Maroney

The following proposal examines the impact of Relational Leadership (RL) on Outcomes in Early Childhood Education. RL has been tied to improved wellbeing and workplace productivity. Findings suggest a positive relationship between RL and teacher's performance on classroom observations.

Effect of Gender Rigidity on Children's Food Choice

Karlie Ethridge

This study explores the gendered aspects of food choice at different ages, expecting children at peak cognitive and gender rigidity to apply their own gender stereotypes to food. Children aged 3 to 6 were asked to sort images of food according to the gender they believe consumes it.

Examining time pressure in the context of gender health disparities: An integrative review

Erin Hill Andriana Hamm

This integrative review draws from the time-health literature and places it in the context of gender health disparities. We propose that time constraints (time scarcity, time pressure) help to explain various gender disparities in physical
and mental health. Future directions and current quantitative findings will also be discussed.

**Exposure-Based versus Present-Centered Therapy: Comparing Methods for Sexual Assault Treatment**

Amy Rivituso       Nicole Johnson

This poster will provide a literature review of research on exposure-based versus present-centered therapies for survivors of sexual trauma. Considerations such as: drop out rates, demographics, time in treatment, and long-term effects will be highlighted. Finally, ideas for future research comparing these two modalities of treatment will be discussed.

**Factors Related to Menstrual Activism: Evaluating the Impact of Humorous Messages**

Rachel Fikslin       Rachel Levitt       Jessica Barnack-Tavlaris

The stigma surrounding menstruation makes it challenging to encourage menstrual activism. The purpose of this study was to examine the predictors of menstrual activism intentions, and whether different types of messaging could increase willingness to engage in menstrual activism. Implications of the findings will be discussed.

**Feminist Values, Openness and Mindful Acceptance as Predictors of Reduced Transphobic Attitudes**

Spring Lepak         Lisa Platt

Results from a survey investigating the relationship between endorsement of feminist values and reduced transphobic attitudes with openness to experience and mindful acceptance also hypothesized to be predictors. Using a sample of n =219, final results indicate all three variables independently predict reduced transphobia attitudes. Implications will be discussed.

**Incorporating Counseling Psychology Values in the Classroom: Strategies and Experiential Activities**

Chelsea Latorre

Multiculturalism and social justice are two core values within the field of counseling psychology. However, many instructors struggle to infuse social justice activities and opportunities to enhance multicultural competence within academic settings. This poster presentation emphasizes ways to implement and apply these values inside and outside of the classroom.

**Rumination, Emotional Regulation, and Premenstrual Distress**

Joan C. Chrisler       Jennifer A. Gorman       Angela Barney       Youyang Wang       Rebecca Tutino       Hannah Pepin       Laura Pavitt       Morgan Rentko

Women recruited from MTurk completed a survey “about a common health issue.” Survey items include the Reflection and Rumination Questionnaire, the Difficulties in Emotional Regulation scale, the Dualistic Discourse Scale, and questions about personal experiences across the menstrual cycle to see whether scale scores correlate with premenstrual distress.

**Superwoman Schema and Perceived Stress in African-American Women**

Sandra Fanning

In a society where strength appears to be the only means of survival, African-American women are granted little room to express themselves without fear of being seen as weak. A study investigating the relationship between the Superwoman Schema Scale and Perceived Stress Scale in 83 African-American Woman ages 21-44.

**The Gender Makeup of Editorial Boards**

Rachel Rappoport

This study aimed to analyze the gender makeup of editorial boards of academic industrial-organizational psychology
Our study will collect results by data mining public information off of the journal websites. We will then compare our findings to the results of previous research to examine the issue today.

The Internalization of Sociocultural Standards of Beauty on Depression, Anxiety, and the Perception of Career Barriers

Adrionia Molder

Gender inequities continue to promote men and oppress women in the United States. Sociocultural standards of beauty are unattainable mechanisms that underlie gender discrimination and prejudice. This study will investigate the potential relationship between women's internalization of sociocultural standards of beauty, depression, anxiety, and perception of career barriers.

Views of Family and Career by Women and Men in a Doctoral Science Program: A Longitudinal Perspective

Veronica Scherbak

This study explored views of family and career by students in a prestigious doctoral science-program. Interviews were conducted with 10 women and 10 men at two points in their program (average time between interviews = 2.5 years). At both times, women and men viewed their family and career options differently.

Volunteerism in Later Life Women: The Role of Authenticity, Balance, and Challenge

Rachel August  Chantal Norman

This research explores whether a model of career development for women accurately describes women's experiences of volunteerism in later life. A community sample of 18 women, ages 59–83, participated in in-depth interviews. Results indicate that their motivations for volunteerism include meeting the needs for authenticity, balance and challenge.

What is PMS? A Content Analysis of "Definitions" from Urban Dictionary

Jennifer A. Gorman  Joan C. Chrisler  Angela Barney  Brittany Krasner  Laura Pavitt

Hannah Pepin  Sarah Rosadini  Rebecca Tutino  Youyang Wang

Each day, more than one million people visit the Internet site, Urban Dictionary. Its popularity makes it a good source of current attitudes and beliefs about all sorts of concepts. We read and coded 187 “definitions” of PMS, almost all of which contained negative stereotypes of premenstrual women.

When Feminism and Transgender Rights Collide: Helping Clinicians fight 'Body Wars' on Both Fronts

Bernadette O'Koon  Gillian LaRue  Janelle Dixon  Paige Ziegler  Wendy Dragon

Healing body image wounds begins with self-acceptance and rejection of mainstream ideals. Feminism supports body acceptance. Transgender individuals often seek mental health services while considering or undergoing transition, which is often framed as rejection of one's body. Feminist clinicians must reconcile body acceptance and transition in transgender clients.

Women Talking to Women: Studying Conversations about the Menstrual Cycle

Cynthia Sopko  Maureen McHugh

Research examines women's conversations regarding the menstrual cycle, asking: Are negative conversations
regarding the menstrual cycle reported as typical/frequent by undergraduate women? Do respondents view the conversations about the menstrual cycle of women in general as similar as to their own? Results interpreted regarding menstrual blame.

**Structured Discussions D**

**AWP Annual Business Meeting**

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<td>Sharon Siegel</td>
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<td>Yuki Okubo</td>
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Join us for our Annual Business Meeting. This is a good opportunity to learn more about AWP and what's happening within the organization.

**Consciousness Raising in the Digital Age: Validation and Support From Pantsuit to #Metoo**

Christa Cummins

Join us to discuss the role of online and social media in furthering feminist consciousness raising. Topics to include: possibilities for inclusionary feminism, the expanded power of vulnerability and healing, safety vs vulnerability online, and implications for re-invigoration of a movement with a new generation.

**Impressions of feminism in the current political climate: The importance of understanding and unity**

Desiree Howell   Alicia Harlow

Given the divisive nature of the current political climate, it is even more important to embrace feminist principles that promote understanding and inclusion. The purpose of this discussion is to bring feminist mentors together to talk about how we can increase understanding of feminism among college students.

**Is it Advising, Coaching, or Teaching? We Know Feminist Mentoring When We See it**

Karol Dean   Diane Hall

This structured discussion will address the feminist experience of mentorship. We will address the intersectional aspects of mentoring, moving away from traditional formats to guidance that is more flexible and responsive. We consider feminist mentoring as a form of resistance to patriarchal professional norms.

**Overcoming Inertia, Unleashing Activism**

Kathryn Kozak   Christina Athineos   Lauren Grenier   Lynne Shea   Debra Harkins

In this structured discussion, we will first describe how we started an activist project - a news digest to quickly share pertinent stories - while struggling against the inertia of not knowing how to take action. We will then open up discussion about developing activist projects and troubleshooting obstacles.

**Redefining Femininity During Breast Cancer Treatment.**

Chris Lombardo

How can we advocate for the empowerment of women through feminist therapy during non-elective breast cancer treatments? This discussion involves how we can facilitate this empowerment in our client's journey to reclaim their sense of femininity post-breast cancer surgery and treatment.
Structured discussion: Addressing current events with clients, students, and supervisees using a feminist framework

Michelle Schultz       Wendy Dragon

This Structured Discussion will focus on how to better assist providers in using feminist theory to explore how the shift in political climate impacts our clinical and academic work. We also address issues of self-care and how we can keep ourselves strong to better assist others.

Friday, March 9, 2018  3:40pm - 4:40pm
Symposium: Menstrual Shame  Warhol Room
Menstrual Shame: Examining The Roles of Menstrual Moaning

Maureen C McHugh       Melissa Meulman       Nava Sedaghat       Kathleen DiMattia       Cynthia Sopko

Shame associated with women's menstruation is examined from a shame framework. Shame is created and maintained through silencing, secrecy, and judgment; Talking about menstruation viewed as a form of resistance and resilience. Menstrual moaning is measured and related to menstrual attitudes and body shaming. Negative talk may perpetuate negativity.

Friday, March 9, 2018  3:40pm - 4:40pm
Symposium: Sexual Embodiments  Hopper Room
Revealing Young Women's Sexual Embodiments: Feminist Frames for Inquiry and Intervention

Jennifer Chmielewski       Deborah Tolman       Christin Bowman       Hunter Kincaid       Clare Mehta

This symposium examines the conditions of and possibilities for feminist intervention into young women's sexual embodiments. Discussion will focus on the implications for feminist interventions into young women's sexual wellbeing that are attentive to race, gender, class and sexuality, as well as technological and material embodiments of sexuality and desire.

Friday, March 9, 2018  3:40pm - 4:40pm
Symposium: Social Justice  O'Keefe Room
Social justice: What's psychology got to do with it?

Amanda Jantzer       Pamela Bacon       Sabrina Urick       Rachel Perri

This symposium will focus on the urgent need to pursue social justice in psychology through an intersectional lens. We will engage the audience in consideration of the role of psychologists in pursing social change in their roles as educators, researchers, clinicians, and also examine implications for students of psychology.
Women of Color Caucus

The Women of Color Caucus provides a safe space for women of color within AWP to come together to discuss topics relevant to their experiences. We connect to support each other as we navigate various aspects of our identities, careers and lives as feminist educators, researchers and practitioners. We hope to provide an opportunity for WOC to find a home within AWP, whether this is your first or your 39th conference! The Caucus is open to all Women of Color.

Cathy (Cat) Thompson
Implementation Collective Women of Color Coordinator
Riddhi Sandil

Workshop: Four Identities, One Voice

Wyeth Gallery B

Four Identities – One Voice: Using Narrative to Build Safe Spaces in Academia for the Freedom of Gender Expression

Cheryl Weiner  Eleanor Roffman  Devon Keeley  SB Campisi

Narrative can be a powerful tool to create gender inclusive spaces in academia and beyond. We share our personal triumphs and challenges and invite participants to share their own experiences. We will also discuss gender fluid terminology and ways to become allies in this important cause.

Workshop: Reflection

Benton Room

'Are you sure, sweetheart, that you want to be well?: A Moment for POC to Reflect & Replenish in Love & Liberation

Cassandra Aguilar

Exploring the sacred spaces of nepantla, authentic power and radical self-love through the freedom works of Toni Cade Bambara, Gloria Anzaldúa, bell hooks and Audre Lorde, folk of color are invited to share a moment of respite through expansive breath work, somatic expressions and remembrance of joy and bliss.

Workshop: Supporting Girls of Color

Wyeth Gallery A

This workshop will focus on understanding and nurturing adolescent girls' developmental competencies of resistance, resilience and critical consciousness. The presentation will emphasize actionable strategies and approaches that educators of all levels can use to support the emotional and psychological survival for girls of color, specifically, during the era of Trump.

**Distinguished Publication Award Presentation**

**Warhol Room**

**DPA Award Invitational Talk: The Myths of Menstrual Synchrony and the Quest for Women's Righteous Collective Anger.**

Breanne Fahs

This talk draws from feminist theory and qualitative data to examine beliefs about menstrual synchrony. I examine women's overwhelming endorsement of menstrual synchrony despite limited scientific evidence for it, alongside various reasons why women may want/need this solidarity with other women, particularly as they collectively express righteous anger.

**Drumming Performance: Ubaka Hill**

**Whistler Ballroom**

Ubaka Hill, our Friday morning keynote speaker, is an inspiring and accomplished drummer. She performs for us this evening - join us! We will follow her performance with a book signing and cash bar.

**Book Signing**

**Whistler Ballroom**

Join us for a book signing and mingling!

**Jewish Women’s Social Gathering**

Meet in the hotel lobby to go out!

**Jewish Women’s Gathering (social event)**

Valeriya Spektor

All Jewish women and their allies are invited to an informal dinner gathering on Friday evening of the conference. We will meet at 6:30pm in the hotel lobby and have dinner together at a (TBA) restaurant.
### Registration

**Wyeth Ballroom Foyer**

Saturday, March 10, 2018 7:00am - 8:00am

### Trauma-Informed Yoga

**Hospitality Suite**

A yoga instructor from Philadelphia studio Roots 2 Rise will lead a trauma-informed yoga class.

Saturday, March 10, 2018 7:30am - 8:30am

### Continental Breakfast

**Wyeth Ballroom Gallery A/B/C**

Join us for a complimentary continental breakfast before our Saturday Plenary Session!

Saturday, March 10, 2018 8:30am - 10:10am

### Saturday Plenary Session

**Wyeth Ballroom Gallery A/B/C**

#### Christine Ladd-Franklin Award Announcement

**Diane Hall**

The award is named in honor of Christine Ladd-Franklin (1847- 1930), an early scientist whose career provided a painful example of the way institutional sexism operated to exclude women from careers in psychology and the sciences. The Christine Ladd-Franklin (CLF) Award is presented annually by the AWP Implementation Collective (IMPs) to a member who has made significant and extensive contributions to the AWP.

#### Florence Denmark Mentoring Award Announcement

**Karol Dean & Maram Hallak**

The Association for Women in Psychology is honored to present a special award in the name of our generous and kind foremother Florence Denmark. In addition to her outstanding contributions to AWP in particular and to the psychology of women in general, Florence Denmark is also notable for her selfless mentoring of women around the world. In her honor, AWP is proud to present this award to a feminist leader who continues in Florence's foot steps in providing mentorship and inspiration to all women.

#### Keynote Address

**Disruptions and Resistance: Still We Rise**

Arpana Inman, *Lehigh University*

Saturday, March 10, 2018 10:30am - 12:00pm

### Paper Session: Examining Cross-Cultural Issues

**Warhol Room**

#### Navigating Hijab and Embodiment in a Cross-Cultural Context

Jenna Pelly  
Zuzanna Stelmaszak  
Elizabeth Bennett

This qualitative exploratory study utilizes interviews and a voice-centered method of analysis to attempt to more
deeply understand the embodied experiences of hijab-wearing Muslim women who live in the United States.

The making of the concept of Haitian Epistemology: Between greed, gender-based violence, and manipulation

Judite Blanc

When a young Haitian woman scholar was invited in March 2016 to present a communication by a female counterpart on Haitian epistemology in Canada, she was excited and very honored to start working on such concept as intellectual and cognitive development are part of her research interests.

Well-being, agency and mental health needs of married Indian women without children.

Bhanu Priya Moturu  Diksha Bali  Michael Nakkula

This paper presents the factors contributing to the well-being of married Indian women without children (MIWWC) and what these women perceive as important factors for their well-being. It also provides information about to cultural expectations from MIWWC and the impact of these expectations on their mental health.

Black Girl Magic: A Luta Continua

Marilyn D. Lovett  Marie B. Lamothe-Francois

This paper will focus on the continuing struggle of women of African descent. Their lived experiences of resistance within the realms of paid work, home, and school over the past ten years will be outlined. Psychological and physical health are key to defying systemic oppression; underlying theories will be discussed.

Emotional Endurance: Latina Girls Navigating and Resisting Social Injuries in the New Latino Diaspora

Katie Clonan-Roy

In this presentation, the author will describe the emotional and psychological endurance that Latina immigrant girls in one New Latino Diaspora town enacted, as they experienced diverse forms of marginalization in their schools and communities. The author will emphasize how adult allies can nurture Latina girls’ resistance and resilience, and

Gazed At, Groped, and Assaulted: The Too Much Information of Being an Adolescent Girl

Melanie Hill  Claurie Lindor  Leslie Castro-Tapia  Kayla Simone  Tabitha Holmes  Alexa Weiss

Objectification is a common occurrence for women. This research project investigates the potential psychological benefits of ethnotheater- feelings of resilience, empowerment and resistance. College students engaged in a 10-week writing workshop and performed their stories in front of an audience. Data and ethnotheater techniques will be presented.

Vulnerable, empowered, and mean: Girls’ and young women’s constructions of contemporary girlhood

Sara Crann

This community-engaged research examined how girls and young women attending a girls’ empowerment program constructed understandings of girlhood and how mainstream girlhood discourses shaped gendered subjectivities.
This study argues for approaches to girls' empowerment that move away from individualism and neoliberalism toward politicized understandings of and approaches to girls' empowerment.

Saturday, March 10, 2018 10:30am - 12:00pm

**Paper Session: Men and Patriarchy**  
*Wyeth Gallery C*

#Fragilemasculinity: The role of masculinity threat and gender stress in men's endorsement of online gender-based harass

Jennifer Rubin

This research examines gender, and in particular threats to masculinity, as factors in men's endorsement of online gender-based harassment. Results indicate men who experienced threats to their masculinity and reported high fear of public shame for these masculinity failures reported greater endorsement of gender-based online harassment.

'I never forced myself really onto her': Men's Normalization of their Sexual Violence in Intimate Relationships

Nicole Jeffrey

This research uses in-depth interviews to examine men's accounts of their sexual violence in intimate relationships with women. A feminist poststructuralist form of discourse analysis is used to highlight how men's accounts of their use of sexual violence both reflected and enacted the normalization of violent heterosexuality.

Raising Feminist Boys: It's more than encouraging feelings! A developmental approach to teaching about patriarchy

Amy Rees

Popular press has shown a renewed interest in raising feminist boys, complete with suggestions on parenting. This paper provides a review of common themes in popular press and proposes a developmental approach to moving beyond equating gender role flexibility with feminism, and teaching boys to understand and interrupt patriarchy.

Sexual Agency and Patriarchy: History of a Troubled Concept

Julie Koven  
Sharon Lamb

In this paper, we review the history of desire and sexual freedom, focusing on three historical and institutional influences: gender inequality, education, and the media. We examine how these areas influence girls' development of sexual agency while interrogating the idea of sexual agency in a neoliberal context.

Saturday, March 10, 2018 10:30am - 12:00pm

**Size Acceptance Caucus**  
*Hospitality Suite*

Size Acceptance Caucus

Wendy Dragon  
Linda Najjar

The Size Acceptance Caucus meeting provides an opportunity to discuss any topic relevant to individuals who believe that everyone should be accepted with dignity and equality, regardless of their body size. Everyone is invited to participate.
Structured Discussions E

Am I a feminist therapist?

Samantha Brown    Richa Khanna

The aim of this session is to facilitate a discussion around individuals' process of developing as feminist therapists. Proposed discussion themes include reflecting on the impact of beliefs on professional roles, methods of seeking support from others, and significant experiences in the process of identifying as feminist therapists.

Intersecting Identities: The Artificial Separation of Teaching, Research, and Service/Activism

Janice Yoder

Drawing from examples of work I have published, my goal for this interactive session is to encourage participating academics to think about ways they can bridge teaching, research, and service/activism by publishing about their teaching, doing research about their teaching, and using their classes to do publishable research.

Never doubt there are always next steps: Feminist process and feminist activism

Judith Ann Parker    Deborah Mahlstedt

In a time where more Black women voted for Hillary Clinton and more white women did not, and Russians ran a rabid campaign in social media to the current president's benefit, what are the ways we can employ feminist strategies to accomplish the goals for this raging time?

Racial Trauma in the Current Sociopolitical Environment: Strategies & Support for People of Color and White Anti-Racists

Audrey Ervin    A. Nicole Boyd-Douglas

This interactive discussion invites people of color and white anti-racists to connect around racial trauma and self-care. How do we support each other while challenging repressive environments? How do clinicians manage vicarious trauma from witnessing heightened racial violence, discrimination and oppression? How do we stay outraged yet remain effective?

Research as Resistance: Recruiting and Incorporating LGBTQ Samples to Diversify Psychological Science

Jes Matsick    Britney Wardecker    Samantha Tornello    Anna Salomaa

Asking 'who's left out of research?' is central to feminist psychology. In this discussion, we brainstorm best practices for recruiting and working with LGBTQ samples. We aim to troubleshoot obstacles and empower researchers to see LGBTQ people's inclusion in research as a source of resistance in the current era.

Utilizing a 'yes, and' approach to building shared reality in multicultural supervision

Ariel Goodman

In this discussion, we will introduce a 'yes, and' approach borrowed from the tenants of improvisational theater to learn how to create a shared reality with our supervisees, be careful with specificity of language and gain awareness, knowledge, and skills in multicultural humility.

Whiteness, Whiteness Everywhere, but not a Drop Facilitates Connection: Defining and Addressing Pervasive Whiteness
When whiteness is unexamined, white cultural values can be assumed to be shared values in counseling sessions. This structured discussion aims to define what white cultural values are and facilitate a discussion about how to address whiteness in our various professional spaces.

Saturday, March 10, 2018 10:30am - 12:00pm

**Symposium: Lights, Camera, Activism**
O'Keefe Room

**Lights, Camera, Activism!**

Mala Matacin, Holly Pianka, Yonina Bykov, Shannon Flaherty

We will share our photo activism projects that have been successful in classroom and campus settings, in online spaces, and joining with others in more global efforts. We will show how photo activism can be a powerful way to resist dominant ideologies that continue to perpetuate harmful gender stereotypes.

Saturday, March 10, 2018 10:30am - 12:00pm

**Symposium: Transnational Feminist Psychology**
Wyeth Gallery A

**Transnational Feminist Psychology perspectives on war, militarism, and liberation in Afghanistan and on global migration**

Lynn Collins, Nahid Aziz, Oliva Espin

Globalization can undermine economies, exacerbate oppression, reinforce hierarchies associated with class, gender, and race, increase militarization and disrupt families. It requires a new Transnational Feminist Psychology (TFP) framework that builds on feminist theory and expands cultural psychology and intersectional approaches by incorporating intersections of identity(-ies), human rights, economics, politics.

Saturday, March 10, 2018 10:30am - 12:00pm

**Workshop: Bodies**
Wyeth Gallery B

**Connections between our bodies, assault and eating disorders - Strategies for Resistance**

Marcella Raimondo

The impact of collective body violence from physical assault to social media body attacks on women and girls’ lives is real, creating debilitating shame and body image issues to eating disorders. Come discuss in a safe space ways to resist this body violence and build tools for healing.

Saturday, March 10, 2018 12:00pm - 1:00pm

**Early Career Caucus Networking**
Warhol Room

**Early Career Caucus Networking Meeting**
Michelle Schultz        Wendy Dragon

The Early Career Caucus serves feminist early career professional (clinicians, junior faculty, others) by promoting their needs within AWP and providing opportunities for ECPs to network with one another, share resources and gain access to mentoring. The ECC will also encourage junior colleagues to become more involved in AWP.

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<td>In Memorium</td>
<td>Saturday, March 10, 2018  12:00pm - 1:00pm</td>
<td>Benton Room</td>
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<tr>
<td>In Memorium</td>
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<td>Maureen C McHugh</td>
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<tr>
<td>The Older Women's Caucus sponsors this annual event in which we celebrate the contributions of feminist psychologists who have passed in the last year. We also share other transitions in our lives.</td>
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<td>White Women Unlearning Racism</td>
<td>Saturday, March 10, 2018  12:30pm - 3:30pm</td>
<td>Horner Room</td>
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<td>White Women Unlearning Racism: Centering Anti-Racism in Feminist Advocacy</td>
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<td>Aliya Khan</td>
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<td>The Association for Women in Psychology is an organization committed to challenging systems of oppression. In pursuit of social justice, we must examine how systems of oppression, specifically the construction of whiteness, shape our own organization and how we can actively work on dismantling white supremacy internally and externally.</td>
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<td>Women of Color Institute</td>
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<td>This workshop will focus on increasing participants awareness, knowledge and skills in sustaining the self in institutions and spaces that reinforce systems of oppression. Through direct education and experiential learning, participants will explore intersections of their identities and strategize how to navigate microaggressions and racism in personal and professional contexts.</td>
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<td>Publishing Your Work</td>
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<td>Warhol Room</td>
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<td>How to Publish Your Work in Feminist Journals</td>
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Look behind the veil of publishing with editors from Feminism & Psychology, Journal of Lesbian Studies, Psychology of Women Quarterly, Sex Roles, Women's Reproductive Health, and Women and Therapy in a safe, supportive setting. Learn about manuscript submission, reviewing, deciphering decision letters, and finding homes for your manuscripts.

**Structured Discussions**

**Whistler Gallery A/B**

**Saturday, March 10, 2018 1:00pm - 2:00pm**

**Creating Social Justice Consciousness in Graduate Programs**

Melissa Ward  
Maria Lozano Ortiz

The presenters will facilitate a discussion on the personal and structural barriers to social justice advocacy in graduate programs, particularly with regard to the current sociopolitical influences on women. Participants will be invited to share their successes in implementing social justice as well as how they persist despite barriers.

**Mentoring Traditional Female Students in University Settings**

Melissa Jones  
Louise Wheeler  
Jennie Bingham  
Kristina Hansen  
Dianne Nielsen  
Lisa Scott  
Megan Wolfe

This discussion will be led by female faculty, graduate, and undergraduate students who will discuss their experience in a mentoring relationship at a traditional university, and will lead a discussion about ways to enhance mentoring of women in an academic setting.

**Pedagogical Possibilities for Engaging Consent Education & Sexual Assault Prevention**

Kennedy Daniels  
Ali Shames-Dawson  
Milo Due

This discussion will include questions about the implications of society's broad-scale sexualization of young people and how that competes with in-school sex education. We will examine what early, complex sex education would like to prevent the perpetuation of sexual violence, gender myths, and distorted ideas of desire and consent.

**Resisting Through Persistence: Strengthening Resiliency in Students of Color and White Students**

Uma Parameswaran  
Sue Morrow  
Dorn

Within predominantly white institutions, empowering students of color to persist despite adversities while promoting learning and growth of white students require a delicate balance; and navigating these spaces can be challenging, requiring openness and bravery. This discussion will examine challenges, discoveries, and growth among students and faculty on this journey.

**Survival as an Act of Resistance: Graduate Student Activism and Where You Fit In**

Celina Whitmore  
Bryn Spielvogel  
Kimberly Ashby

This structured discussion will focus on engaging in sustained activism. In particular, we'll consider what it means to do anti-racist, feminist work, how best to promote healing and community-building through activism, and modes of maintaining energy and creativity while balancing activism, work, and self-care.

**Take It From Me: Women in Academia Discuss Career Success Strategies**
Mary Pelton Cooper  Suzanna Rose  Rakhshanda Saleem

Gender inequity in the "chilly climate" for women in higher education is well documented. Western academia historically and currently actually generates formidable obstacles that keep women out of tenure track positions. A panel of women academics will describe their struggles and their successes in negotiating gender barriers in academia.

**Taking Clinical Supervision to the Next Level: Supporting Trainees in Developing Resistance, Resilience, and Resolve**

Heidi Hutman  Samantha Rushworth  Tatyana Hill  Gabriela Macera  Karoline Myhre

This discussion will address how feminist approaches to supervision can be used to address social justice issues. Supervisors and supervisees will be encouraged to share personal experiences with incorporating advocacy and activism into clinical training, with attention given to both the challenges and opportunities they have encountered in their work.

**Symposium: Resistance**  
**Wyeth Gallery B**

**Responses of Resistance: Analyzing Racial, Public Health, and Title IX Rights**

Amber Gipson  Rochelle Louis  Marissa Lawrence  Joanna Flanagan  Cori Ansbro

The current political climate under the Trump administration continues to promulgate ideologies and policy recommendations that threaten human rights. This symposium will examine intersectional approaches in bolstering voices of marginalized populations through research and social movements. Subsequently, recommendations for resisting threats to racial, sexual, and gender rights will be presented.

**Symposium: Rhetoric**  
**Wyeth Gallery C**

**Rising Above the Rhetoric: Increasing Resistance to Sexist Language and Objectification**

Malkie Hematillake  Jennifer Foster  Kaitlyn Nichols

This symposium will examine objectification and sexist language related to the 2016 United States presidential election. Both interpersonal and intrapersonal effects on women will be explored along with factors of resiliency. The discussion will be founded on a review of current literature with special attention to rising above the rhetoric.

**Symposium: Social Media, Selfies, Shaming**  
**O'Keefe Room**

**Social Media, Selfies and Shaming: Resisting the Cultural Narrative Surrounding Women's Bodies**

Saturday, March 10, 2018  1:00pm - 2:00pm
The heightened use of social media perpetuates the dominant cultural discourse about how we view women's bodies. But, this platform also allows us to resist those limited, gendered narratives as we examine butch selfies and 'fitspiration' sites, resist institutional body shaming, and create our own diverse images of female identity.

**Workshop: Beyond Protests**

*Saturday, March 10, 2018 1:00pm - 2:00pm*

*Wyeth Gallery A*

**Activism is Life: Beyond Protests**

Darlene A. Hall, Ph.D.

Today, there is an urgent focus on activism and resistance to create institutional and structural change. A new approach is needed to bring about social change: activism in daily life. This interactive workshop explores what daily resistance looks like as well as personal and societal factors that discourage such resistance.

**Workshop: Supervision**

*Saturday, March 10, 2018 1:00pm - 2:00pm*

*Benton Room*

**Shame in Supervision: Building Resilience**

Melissa Meulman  Maureen McHugh

Therapy and supervision provide ample opportunity for the experience of shame. This interactive workshop aims to discuss opportunities for shame in the context of supervision, and the possible impact of shame on trainee development, client welfare, and the supervisory alliance. This workshop will discuss ways to build shame resilience.

**Film: Honor Diaries**

*Saturday, March 10, 2018 2:20pm - 3:20pm*

*Warhol Room*

Honor Diaries features nine courageous women's rights advocates with roots in Muslim-majority societies. These women, who have witnessed firsthand the hardships women endure, are profiled in their efforts to affect change, both in their communities and beyond.

**Structured Discussions G**

*Saturday, March 10, 2018 2:20pm - 3:20pm*

*Whistler Gallery A/B*

**A feminist investigation into compulsory survivorship**

Kristin Silver

This talk discusses the concept of compulsory survivorship, defined as pressure on victims of violence to be 'survivors' and not 'victims' and to make meaning from their experiences. I hope to gather insight on whether this ideology is inflicted on patients clinically and if it perpetuates victim-blaming.
AWP’S 50TH ANNIVERSARY IN 2019: MAKING PLANS TO CELEBRATE AND COMMEMORATE

Leonore Tiefer  Rachel Corbman  Cathy Faye  Florence Denmark

AWP's 50th anniversary in 2019 invites us to celebrate our history. A committee has been working on plans since August, 2017. This discussion will update participants and brainstorm further about exhibits, videos, our Akron archive, special events and sessions in 2019. All welcome - new members as well as long-timers.

Changing #gonegirl to #gogirl : Fostering academic resilience through exploration of identities, power, and self

Natalie Noel  Rebecca Post  Brittany Bitters  Terri S. Jones

First-generation, low-income, underrepresented students are considered at-risk for attending higher education. In this structured discussion, facilitators will discuss their experiences and insights in the Go Girlz Community Initiative program, a program aimed to help girls who dream of attending higher education, but lack access to achieve this goal.

Emotional Labor in Relationships: How the 'Chill Girl' Obstructs Egalitarianism

Natalie Raymond  Samantha Hinnenkamp

The quest for egalitarian relationships is often difficult for women. Two contributing factors, particularly in heterosexual relationships, may be the constraints of emotional labor, and masking emotional needs by being 'chill' rather than 'needy' or 'nagging.' This structured discussion examines how women navigate personal relationships, emotional labor, and foster egalitarianism.

It's raining cats and dogs! and adversarial sexual beliefs

Jake Wolf  Malaika Gutekunst  Nicole Johnson

Look how cute HE is! Why do I hear this when walking my female dog? Why do we label all things canine as masculine and all things feline as feminine? This discussion will highlight how our cultural associations of dogs and cats might be rooted in rape culture.

Sociocultural Factors and Intersectional Identities Influencing Women's Sexual and Reproductive Health

Carla Prieto  Julia Lechuga  Katherine Melo  Beatriz Suro  Sara Beachy

Kristen Janousek  Olivia Nevola

Understanding cultural constructions of women's sexuality, which reflect systemic gender inequities, is crucial to developing interventions that promote sexual health and adoption of preventive behavior. We will highlight our qualitative study findings and discuss the role of gender stereotypes and cultural norms on women's sexual health globally.

Strategies and Tactics for Professionals Involved in Advocacy and Activism

Michele Schlehofer

Professionals, particularly those with a social justice orientation, are well-suited to engage in activism. Yet, advocacy and activism pose considerable risks to one's privacy, safety, and career. This structured discussion will allow space for people to share their thoughts pertaining to and experiences with advocacy and activism.

Saturday, March 10, 2018  2:20pm - 3:20pm

Symposium: Clinical Implications

Wyeth Gallery C
Clinical Implications: Intersection of Sexuality, Aging and Disability

Michelle S. Schultz  Shay Frederick  Ashley Fedynich  David Oblinger  Elizabeth Campbell
Elizabeth Turner  Carly Deremo  Cristina Chevere-Rivera  Anahli Patel

Inspired by Grace and Frankie (Netflix, 2015) this symposium unpacks factors relevant to the intersection of sexuality, aging, and disability. This symposium will focus on myths and stereotypes, issues relevant to older adult's sexuality in skilled nursing facilities and address guidelines for professionals, both practically and systemically.

Saturday, March 10, 2018  2:20pm - 3:20pm

Symposium: Global Health, Depression
Wyeth Gallery B

The 'Global Health Burden of Depression': A Feminist Critique of the Literature and Research

Lisa Cosgrove, Chair  Maureen McHugh, Discussant

The disease burden framework reinforces the medicalization of distress and undermines our ability to address how multiple social relations (e.g., of race, class, gender) impact in disparate ways on people's mental health. A feminist framework that emphasizes the right to health, rather than the burden of disease, is offered.

Saturday, March 10, 2018  2:20pm - 3:20pm

Workshop: Bystander Intervention Training
Wyeth Gallery A

Humane Acts Bystander Intervention Training Program

Sharon Lamb  Charlotte Brown  Madeline Brodt  Cara Forlizzi  Lindsey White

This workshop, relevant to any educator or professional working on college campuses to meet what may or may not still be a Title IX requirement for sexual assault prevention, focuses on a new ethics-based bystander training program that is part of a campus overall effort to prevent sexual violence.

Saturday, March 10, 2018  2:20pm - 3:20pm

Workshop: Inclusive Classroom
Benton Room

Best Practices in Creating & Maintaining an Inclusive Classroom Environment for Gender Expansive & Transgender Students

Jeanne Stanley  Theo Burnes

Our educational experiences often did not teach us how to create and maintain inclusive learning environments, in
particular for gender expansive and transgender (GET) students. This practical workshop will address the unique issues in creating such inclusive learning spaces for GET students.

Saturday, March 10, 2018  2:20pm - 3:20pm

**Workshop: Outside the Binary**

O'Keefe Room

Outside the Binary: Advocacy for Gender NonConforming People: 101

Alyx Skousen  
Halleh Hashtpari  
Karen Tao

This workshop is geared towards clinicians of all levels. This workshop is designed to challenge assumptions held about gender non-conforming people and discuss actionable tools clinicians can use in both practice and in their advocacy work.

Saturday, March 10, 2018  3:40pm - 4:40pm

**Bisexuality and Sexual Diversity Caucus**

Warhol Room

The Caucus for Bisexuality and Sexual Diversity (CBSD) is committed to promoting dialogue within AWP about the range of expressions of sexual orientation, gender identity and sexual diversity. In particular, the CBSD seeks to raise awareness of aspects of identity that do not fit into traditional dichotomous conceptualizations. The CBSD supports conference programming on sexual diversity, particularly as it intersects with issues of race, class, and ability status as well as spirituality. The caucus also sponsors the annual Coming Out Ceremony, where participants are invited to come out about any aspect of their identity for which they would like community witness and support.

Nicole Johnson

Saturday, March 10, 2018  3:40pm - 4:40pm

**Challenges to Multicultural Teaching: How to Respond with Resistance, Resilience, and Resolve**

Whistler Gallery A/B

Challenges to Multicultural Teaching: How to Respond with Resistance, Resilience, and Resolve  
Kat Quina

Instructors who have adopted transformative strategies for teaching from a multicultural / intersectional approach will describe challenges that require resistance, resilience, and resolve. We will invite audience members to discuss their challenges and strategies for overcoming them, focusing on the new “three R’s” of the feminist classroom.

Additional presenters:

**Jasmine A. Mena**  
Department of Psychology  
Bucknell University

**Mary Zahm**  
Division of Behavioral and Social Sciences  
Bristol Community College
Gayle Skawennio Morse  
Psychology Department- CCP  
School of Health Sciences  
The Sage Colleges  

Jacqueline S. Weinstock  
College of Education and Social Services  
University of Vermont  

Lisa Whitten  
Department of Psychology  
State University of New York at Old Westbury  

Alice Cheng  
Department of Psychology  
Bridgewater State University  

Lynn H. Collins  
Department of Psychology  
La Salle University  

Mala L. Matacin  
Department of Psychology  
University of Hartford  

Saturday, March 10, 2018  3:40pm - 4:40pm  
Mothering Caucus  
Hospitality Suite  
Caucus on Mothering Issues  
Karen Tao  
The Caucus on Mothering Issues meeting is open to all those interested in seeking connection and support as well as raising awareness on topics related to mothering.  

Saturday, March 10, 2018  3:40pm - 4:40pm  
Paper Session: Protest II  
Horner Room  
All that brooding can increase resistance: Rumination about gender discrimination predicts collective action intentions  
Ashley Borders  
Shaun Wiley  
In a pair of studies, women who ruminate, or think repeatedly, about gender discrimination were more willing to
engage in collective action efforts such as protesting, writing letters, or volunteering for women's groups. Rumination may increase women's anger about perceived injustices and their solidarity with other women.

**Hindering Factors in the Development of Multicultural and Social Justice Counseling Competencies in Practicum Training**

Anusha Kassan  Helia Jafari  Nancy Arthur

The Enhanced Critical Incident Technique was used to investigate the factors that were deemed helpful, unhelpful, and desirable in the development of Multicultural and Social Justice Counseling Competencies. Practicum students and supervisors were invited to offer critical incidents related to their experiences in supervision through in-depth, semi-structured, qualitative interviews.

**Letters to My Sisters in STEM: We See You, We Hear You, You Are Not Alone**

Kerrie Wilkins-Yel  Jacqueline Hyman

The experiences of women of color in STEM continue to remain largely invisible. The current study draws on the collective wisdom of over 150 STEM graduate women of color in order to garner recommendations for successfully navigating the STEM graduate school journey as a woman of color.

**Saturday, March 10, 2018  3:40pm - 4:40pm**

**Poster Session 2**

**Ballroom Foyer**

Please join us for a poster session in the Ballroom Foyer. We will enjoy coffee and sweets, too!

**A Feminist and Decolonizing/Indigenous Autoethnography on Culture and Trauma**

Jacqueline Barco

In this presentation, I explore how to create possibilities for structural change by reconceptualizing the epistemological tools on culture in counseling psychology through a feminist and decolonizing/indigenous research methodology, reflecting the lens back on the researcher on the study of culture through autoethnography.

**Are Low SES Women and Women of Color an At-Risk Population in the Legal System?**

Janelle Dixon  Gillian LaRue  Bernadette O'Koon  Paige Ziegler  Wendy Dragon

Examining the intersectionality of SES, gender, and race can explain why low SES and ethnic minority women are at high risk in the legal system. We can help reduce these risks through targeted education and resources to help them advocate for themselves and navigate the legal system.

**Associations between Sex-Segregation and Gender-Typed Traits in the LGBQ Community**

Emily Keener  Kasey McComb  Kourtney Kotvas  Clare Mehta

We examined the association between sex-segregation and gender-typed traits. We predicted that for men sex-segregation would predict high masculinity and low femininity. For women, we predicted that sex-segregation would be low on masculinity and high on femininity. Further, we examined whether this pattern would generalize to Lesbian/Gay/Bisexual community.

**Bisexual Women in Late life: A literature review**
This poster will provide a literature review of the current research on bisexual older adult women. It will explore the current trends in the literature, overall findings, and limitations in the way this population is currently studied. Finally, this poster will provide suggestions for future directions in research and intervention.

Clarifying the Feminist Attitudes of Nonlabelers
Elizabeth Russell  Ingrid Weigold  Jessica Schaefer  Addison Royer

Previous research suggests that nonlabelers – women who endorse feminist beliefs but reject the feminist label – are not all simply quasi-feminists. A cluster analysis of feminist attitudes in college women found two distinct groups of nonlabelers, one more similar to feminists and one more similar to nonfeminists.

Cultural (In)visibility and identity dissonance: Negotiating identity as Queer Iranian American Women
Halleh Hashtpari  Alyx Skousen  Karen W. Tao

This poster highlights results from a mixed-methods study examining ethnic and sexual identity as they relate to wellness (depression, anxiety, self-esteem) in a sample of queer Iranian American women. Multiple regression was utilized to determine if identity was predictive of wellness. Qualitative data was coded using intersectionality-informed thematic analysis.

DBT Interpersonal Effectiveness from a Feminist Perspective
Julie Garson

Interpersonal effectiveness skills are a primary content area of DBT skills training. DBT was developed to treat borderline personality disorder and has been more widely applied. Skills are designed to address deficits caused typically by upbringing. This presents a model with an emphasis on challenges caused by traditional gender roles.

Does sexual narcissism mediate the relationship between narcissism and sexual motives in couples
Kathryn Ryan  Susan Beery  Gene Sprechini  Janine Ryan-Herrera

The current study will assess the relationship between narcissism and sexual motives in college students. We will test a model in which sexual narcissism mediates the relationship between covert/overt narcissism and sexual motives in 60-65 heterosexual dating couples. We will also explore possible partner effects in the SEM.

Effects of Feminist Identity Development on Perceived Perpetrator Accountability
Alexandra-Grissell Gomez  Patsy Rodriguez  Vanessa Altamirano  Courtney Ahrens

Research found that women who agreed with pro-feminist ideals, but did not identify as a feminist, were less likely to characterize gender based violence as a sexist event, but rather a result of individual flaws. The current study seeks to expand on this research by including all genders.

Ethnic Minority Youth and Sex Education: A Nation Without Planned Parenthood
Marilisa Raju  Ericka Ramirez-Solis  Joseph Tu  Michi Fu

This presentation will highlight the ramifications of the elimination of services such as Planned Parenthood and the potential resiliency of ethnic minority youth despite that. Therapists advocating for such youth will be empowered to disseminate these findings in the potential defunding of services such as Planned Parenthood.

Examining the Role of Feminist Identification and Experiences of Sexism in Women's Academic Achievement
Rachel Fikslin  Sarit A. Golub

Feminist identity and beliefs have been shown to predict positive outcomes for women in several domains. The
The purpose of the present study was to examine the association between feminist identification, and college self-efficacy and academic performance. Contrary to hypotheses, feminist identity was negatively related to college self-efficacy.

### Feminist Women Strive for Equality: Feminist Identity Development, Sexism, and Sexual Double Standards

Wendy Fisher, Kelly Cuccolo, Richard Ferraro

In modern society, women are faced with ambivalence and double standards. Using the FIDS, we explored the relationship between feminism, sexual double standards, and sexism. The results suggest that as women more deeply embrace a feminist identity, they become less sexist and less likely to hold women to different standards.

### Feminizing Fear: Investigating the Intersections of Paranoia, Empathy, and Sex

Diana Curtis

Participants read a mood induction story to create feelings of fear. Women scored higher than men on a following paranoid assessment scale. Analyzing empathic responses, feelings of distress, and a campus climate of gender based violence, I aim to explain sex differences in inducing subclinical paranoia.

### Growing together: A qualitative investigation of community resilience through the transformation of a religious space

Erin Garwood, Dayna Stierley, Asani Seawell

This qualitative study examines a welcoming and inclusive urban church in the Pacific Northwest that has reimagined their church by creating community gathering spaces. The present study suggests that churches and communities can respond to the changing landscape of our times by providing opportunities and spaces for collaboration and resilience.

### Higher Standards for Higher Education: Intersectionality in the College Curriculum

Morgan Rentko, Joan Chrisler

The study, conducted for an undergraduate honors thesis, was designed to assess students' willingness to take a college course that incorporates intersectional content in light of their critical consciousness, social dominance, identification with the feminist movement, experience with gender and women's studies courses, and level of self-esteem.

### I am Empowered: An Evaluation of a local girls' empowerment program

Sarah Rosadini, Joan Chrisler

This study examined the need for and efficacy of empowerment programs, specifically a local girls' program in New England, and its impact on the lives of its participants. Findings revealed increased levels of self-efficacy and support for the program's mission to empower girls to becomes strong and positive leaders.

### Infantalization: Disempowerment through Symbols of Immaturity

Lauri Hyers

Our past research has revealed infantalization as an accompaniment to sexualization in Halloween costumes (Sullivan, Hipple, & Hyers, 2017). In this project, we use qualitative methods to explore symbols of infantalization outside the realm of costumes, exploring symbols of disempowerment in everyday clothing and accessories marketed to women and girls.

### Making Space: Development of an LGBT Center at a Small 2-Year Campus

Crystal L Hendrick, Amy Reddinger

This poster reflects on the development of a campus-based and community-focused LGBT Center on a small 2-year campus in rural Wisconsin. We will discuss the process of starting the center and detail the programming and impact
of the center one year after opening. Lessons learned and future directions are discussed.

Marianismo and Mental Health: A Cross-Sectional Study on Latina Perspectives
Sara Tilisky

The purpose of this study is to examine the relationships between help seeking attitudes, marianismo, and pathological symptoms in a sample of Latinas. Data from 200 Latinas will be used to determine how marianista values correlate with various symptoms of abnormality and reported instances of professional help seeking behaviors.

Modern Sexism and Relationship Satisfaction: Comparison of Heterosexual and Gay/Lesbian Community
Katherine Clark Hailey Bigley Catherine Massey

This study investigated relationship satisfaction and modern sexism (i.e., level of feminism) among heterosexual men and women, gay men, and lesbians. Lesbians and gay men had higher levels of feminist views than their heterosexual peers and these feminist views also related to relationship satisfaction.

Predictors of Sex Behavior Self-Efficacy among Women Exposed to Intimate Partner Violence
Idia Thurston Kathryn Howell Jessica Mandell Robin Hardin Mollie Anderson Courtney Maclin-Akinyemi

We examined risk, resilience, and violence-specific predictors of sex behavior self-efficacy among women exposed to intimate partner violence. Findings revealed that women who were less depressed, had experienced less physical violence, engaged in more partner negotiation, and more reciprocal violence were more confident communicating with their partner about sexual risk.

Relationships Matter: The Role of Gender and Sexual Orientation in Agentic Conflict Management Strategies
Emily Keener Zachary Carpenter Shawna Skoczynski Megan Kausmeyer

We examined gender and sexual orientation differences in agentic strategies for conflicts involving friends and romantic partners. We predicted heterosexual men's strategies would vary by relationship context, but that heterosexual women's would not and tested whether this pattern would generalize to Gay/Lesbian/Bisexual/Questioning men and women.

Religious beliefs and gender traits: Implications for transgender and gender non-binary communities
Hailey Bigley Katherine Clark Catherine Massey

This study examined religious fundamentalism and masculinity and femininity in relation to adherence to traditional gender behaviors (i.e., genderism and gender bashing). Participants were 120 male-identified men and 175 female-identified women in college. Study findings were significant for both men and women regarding genderism and gender bashing.

Social Network Analysis and Feminist Research
Valerie Ryan Alexandria Capizzi

Psychological research needs to consider social context; this can be accomplished using social network analysis. With this paradigm, relationships between research participants can be quantified to create and analyze a structural network. Using biographical data on women psychologists, I demonstrate one possible use of social network analysis for feminist research.

Transgender Women Respond to Community-Generated Safer Sex Video Intervention
Transgender women are at high risk for HIV infection, particularly in the South (CDC, 2017). The following study explored transgender women's safer sex practices based on survey data. The results suggested that community-generated videos may be beneficial in promoting safer sex practices for transgender women in the South.

Well-being, agency and mental health needs of married Indian women without children.

Bhanu Priya Moturu  Diksha Bali  Michael Nakkula

This paper presents the factors contributing to the well-being of married Indian women without children (MIWWC) and what these women perceive as important factors for their well-being. It also provides information about to cultural expectations from MIWWC and the impact of these expectations on their mental health.

White Identity within Anti-Racism Advocacy: A Case Study

Christina Martin  Alex Agiliga  Crystal Austin  Alex Pieterse

Adverse psychological outcomes of racism have garnered much attention over the last twenty years. Therefore, it is imperative that an understanding of anti-racism advocacy and its identity development be at the forefront of conversation. This single-subject case study illuminates the process of the identity construction of a White anti-racism advocate.

Saturday, March 10, 2018 3:40pm - 4:40pm

Structured Discussions H  Whistler Gallery A/B

Balancing Legal and Moral Obligations to Students Who Have Experienced Sexual Violence on College Campuses

Jessica Miller  Camille Interligi  Sofia Alvarez

This presentation offers perspectives on how universities balance meeting the legal obligations of Title IX and the moral/ethical obligations to the individual students who have experienced sexual violence. Discussion on the impact of Title IX and sexual violence on privacy, perceived control, and feelings of revictimization.

Increasing counselors- in- training feminist practice and activism: Experiences of faculty and students

Amy Rees  Jennifer Bezanson  Emily Bryan  Christa Cummins  Katrina Liukko  Chris Lombardo  Briana Smith

Faculty and students will provide information on a program with a social justice mission including components geared toward multicultural feminist therapy and activism. Participants will be encouraged to share personal experiences of teaching and learning about activism, with a goal of creating newly generated ideas to energize our work.

Resistance in the face of structural violence: A community-engaged inquiry into the impact of structural oppression

Zenobia Morrill  Rakhshanda Saleem

The pervasiveness of structural violence across social structures in the U.S. has harmfully impacted individuals in various communities. We interviewed individuals from three distinct communities to identify commonalities in the structural aspects of their lived experiences and the mechanisms of resiliency that helped shape a counter-narrative
Sexism in the Therapy Room

Lauren Weisberg          Katherine Lambos

When a therapist is sexist, whether overtly or more implicitly, it has a negative impact on their patients. But what do we do when it is the patient that is sexist, and sexist toward the therapist? How can we navigate this dilemma and still be therapeutic?

Still I Rise: A Students of Color Process Group

Richa Khanna          Hsiu-Hui Chen

The purpose of this discussion is to share our experience co-leading a students of color (SOC) process group, 'Still I Rise'; and using these to initiate a conversation among mental health professionals about providing process groups for SOC in predominantly White institutions.

Saturday, March 10, 2018  3:40pm - 4:40pm

Symposium: Girls on the Rise

Hopper Room

Girls on the Rise: Redefining Resistance and Resilience

Britney Brinkman          Deanna Hamilton          Kandie Brinkman          Katelyn Meade          Meredith Deal
Sara Goodkind          Ashley Dandridge          Samantha Marino          Kelsey Johnson

In this symposium, we explore girls' agency, expressed as both resistance and resilience. One presentation will examine girls' experiences of oppression, exploring ways that they experience, engage in meaning making, and actively resist sexism. The other will discuss the processes of researcher reflexivity during a Photovoice project with Black girls.

Saturday, March 10, 2018  3:40pm - 4:40pm

Symposium: Reprotechnologies

Benton Room

Regulation, Protectionism, or "Non-Discrimination"?: A Discussion of Reprotechnologies, US Legislation, and Justice

Emily Breitkopf          Frances Howell          Laura Hooberman

In this symposium, we present both theoretical research and empirical studies done in three distinct US contexts: forced and coerced sterilization and birth control application, state-mandated ultrasound viewing for abortion patients, and "prenatal nondiscrimination" legislation.

Saturday, March 10, 2018  3:40pm - 4:40pm

Symposium: Resisting Stigmatized Identities

O'Keefe Room

'Don't underestimate me': Resisting stigmatized identities
This symposium examines the strategies girls and women use to reject social stigma directed at their bodies, sexualities and themselves. The often overlooked, marginal voices of resistance and strength will be explored in contexts of adoption, menarche/menstruation, and violence prevention.

**Symposium: Tales from the Trenches**
**Saturday, March 10, 2018 3:40pm - 4:40pm**
**Wyeth Gallery C**

**Tales from the Trenches: Academics, Supervision, and Therapy in the Age of Trump**

Kathy McCloskey  Coleen Williams  Celina Whitmore

The three papers in this symposium show how an academic, a clinician, and a graduate student have purposefully remained in, navigated through, and thrived in multiple professional spaces in spite of (and sometimes because of) the current sociopolitical climate in the age of Trump. (44 words)

**Workshop: Feminist Multicultural Practice**
**Saturday, March 10, 2018 3:40pm - 4:40pm**
**Wyeth Gallery A**

**Training for Feminist Multicultural Practice**

Donna Hawxhurst  Natalie Noel  Kristy Bartley  Brittany Bitters  Terri Jones  Rebecca Post

This workshop, facilitated by the training coordinator, counseling coordinator, and current student trainees at a university women's resource center will describe a training model that immerses students in the theory, process, and practice of Feminist Multicultural Counseling (FMC). Facilitators will explore possibilities for implementing FMC practice in different settings.

**Workshop: Teaching Girls**
**Saturday, March 10, 2018 3:40pm - 4:40pm**
**Wyeth Gallery B**

**Teaching Girls in the 21st Century: Gender Consciousness & Risk Taking**

Shannon Andrus  Charlotte Jacobs  Peter Kuriloff

Drawing on data from the National Study on Effective Practices for Engaging Girls' Learning, this workshop presents approaches and strategies that practitioners can use to adopt a gender conscious stance and support the risk-taking and resilience of girls and women in the classroom.

**All Caucus Raucous**
**Saturday, March 10, 2018 5:00pm - 6:00pm**
**Warhol Room**

All Caucus Raucous
Come join us for a lively informational session about the Association for Women in Psychology. We will share ways to become more involved in AWP and in our many active caucuses. Let’s get to know each other. Refreshments will be served!

Saturday, March 10, 2018  6:30pm - 7:30pm

**Coming Out Ceremony**

Horner Room

The Coming Out Ceremony is an opportunity for those who wish to participate to come out in whatever way they choose. This program was started years ago to increase visibility for those who identify as bisexual and has expanded to encourage everyone to be open about their identities. Welcome!

**Please arrive on time to this special ceremony; avoid entering late out of respect for participants.**

*Organizer: Nicki Johnson*

Saturday, March 10, 2018  8:00pm - 11:00pm

**Dance with DJ Robin!**

Wyeth Ballroom

Sunday, March 11, 2018  8:30am - 9:30am

**Paper Session: Experiences of Mothers and Child-Free Adults**

Wyeth Gallery C

**Childfree Status: It's Complicated: Why More Women and Men are Deciding to Be Childfree in the United States**

Alynn Gordon

The decision to be childfree in the United States today is larger than the issue of being physically able to reproduce; it is more of a personal choice that affects both women and men. My study aims to answer the question why fewer individuals are deciding to have children today.

**Feminism and Reproductive Psychiatry: A Longitudinal Study of Expecting Mothers**

Kelsey Power, LMSW

The present study offers insight into this shift through clinical dynamic interviews with 8-10 women in their third trimester with their first pregnancy. Follow-up interviews with participants focus on the misalignment of the experience of motherhood with the fantasy, including how participants make sense of this misalignment.

Sunday, March 11, 2018  8:30am - 9:30am
Gendered Aspects of Children’s Food Choice
Heather Macalister  Karlie Ethridge
This study explored the gendered aspects of food choice at different ages, expecting children at peak cognitive and gender rigidity to apply gender stereotypes when making food choices for themselves. Children aged 3 to 6 were given their choice of snacks featuring gender-typed colors and TV characters.

The Gendered Face of Diabetes
Jasmin Tahmaseb-McConatha  Amarachi Akwarandu  Elizabeth Raymond
Diabetes is a debilitating illness that affects more than 30 million Americans. Evidence suggests that gender influences successful chronic illness management, particularly a lifestyle related illness such as type 2 diabetes (Siddiqui, Khan, & Carline, 2013). This presentation focuses on the relationship between gender, social support, and diabetes management.

How Gender, Age, and Race Affect Depictions in Celebrity Gossip Magazines
Linda Lin
Our study examined the narrative lens used to depict stories about people in celebrity gossip magazines by studying the content of the long-form articles and photos of celebrities. In addition, we examined whether the stories and photos differed based on the gender, age, or race of the celebrity being depicted.

Investigating Resilience and Identity: Experiences of Tennis Players in Individual and Team Contexts
Zuzanna Stelmaszak  Jenna Pelly  Elizabeth Bennett
The present study investigates how a person's identity is impacted and shaped when transitioning from an individualized environment to a team environment. Data are collected via semi-structured interviews and analyzed via thematic analysis. This study provides a view into lived experience and identity in both an individual and team context.

Still She Rises: Black Lesbian Youth Resilience in the Face of Intimate Partner Dating Violence
Amorie Robinson
With an emphasis on the resiliencies of Black lesbian youth, this presentation will provide a clinical case study of a 16-year-old adolescent experiencing intimate partner dating violence (IPV) and the interventions and services used to help her obtain a sense of security.
Structured Discussions I

Whistler Gallery A/B

"Should I Report It?" - The Complexities of Reporting Sexual Assault for College Students

Brittni Gettys  Jazmine Cooper

Reporting sexual assault is an intricate and complex decision. This discussion will explore internal processes like emotions, interpersonal relationships such as familial support and perception of police, and systemic influences at the judicial and university level that are influential in the decision-making process for college students reporting sexual assault.

Moving to the Meso: New Perspectives on Sexual Violence

MaryBeth Grove  Nicole Johnson

Given the role culture plays in perpetrating sexual violence, focus must move away from individual level variables to further examine sociocultural contexts in which women live. This structured discussion will explore questions about the state of sexual assault research and prevention efforts as seen through a multicultural/feminist lens.

Toward Body Love: Empowering Young Women of Color to Embrace Their Bodies and Decolonize Body Image

Jeannine Cicco Barker  Batsirai Bvunzawabaya  Julien Almonte

Clinicians from the University of Pennsylvania discuss the rationale for, and experience of, creating a support and healing space for women of color focused on body image. This work is a social justice informed effort to foster resilience and address the deleterious systemic effects on women's relationships with their bodies.

Symposium: Transnational Feminist Perspectives

Hopper Room

An Introduction to Transnational Feminist Perspectives: The case of 'Domestic Violence'

Ellen Halpern  Lynn H. Collins  Sara Crann

Session will introduce Transnational Feminist Psychological perspectives. The first presenter will describe critical elements of transnational feminist psychological theory and review TFP research considerations. The second presenter will describe how Domestic violence (DV) is tied to women's global social, political, and economic inequality and critique Western perspectives of DV.

Workshop: Intersectionality

Benton Room

The complexity of safety in intersectionality: Facilitating identity-based groups for survivors of sexual violence
The goal of this interactive workshop is to explore how the intersection of multiple marginalized identities for survivors of sexual trauma informs the recruitment, selection, and facilitation of support and process therapy groups. Facilitators will present case examples from their group work with survivors in a university counseling center setting.

### Workshop: Teaching Students

**Horner Room**

**Teaching Students to be Critical Consumers of Research on Gender and Sexuality**

Elizabeth Russell   Erin Ayala

Psychology courses often aim to enhance students' skills in evaluating research to reach well-informed perspectives. This can be challenging in gender and sexuality courses, where students may hold deeply ingrained beliefs. In this interactive workshop, presenters and attendees will discuss challenges and strategies in teaching critical analysis of research.

### Paper Session: Social Justice and Microaggressions

**Warhol Room**

**How Graduate Programs Can Establish Social Justice Training**

Nina Kaur

This proposal will examine how psychology graduate institutions can create and implement social justice training into their programs. As a social justice track graduate student in a clinical psychology PsyD program, the author will be utilizing her own experience and referencing her program's social justice track.

**Microaggressions toward Transgender and Gender Nonconforming People in the Criminal Justice System**

Chassitty Fiani

People who identify as transgender or gender nonconforming (TGNC) are more likely than cisgender individuals to encounter criminal justice systems (e.g., police, courts, and prisons/jails). During these contacts, TGNC persons face heightened rates of discrimination and mistreatment including both overt and subtle forms, such as microaggressions.

**Transnational Feminist Approaches to Healing and Empowerment**

Lynn Collins

There is a dynamic shift underway from international towards transnational psychological approaches. Transnational feminist perspectives have been embraced by other disciplines, but are new to psychology. This paper will explore the process of healing and empowerment from transnational feminist psychological perspectives and enumerate the unique and common aspects and contexts.

### Paper Session: Work and Career

**Wyeth Gallery C**

**Sunday, March 11, 2018 9:50am - 10:50am**
Dress, don't impress: Navigating Dress Codes as a Trainee

Kathryn Kozak    Debra Harkins

This paper explores existing dress codes across three clinical psychology training facilities, integrating the author's personal experiences navigating clothing and professional appearance as a woman-identified clinical trainee. We then discuss how the presence or absence of a dress code affects quality of training, power differentials, and practitioner self-image.

Future Career Fantasies of College-Aged Women

Melissa Jones    Kristina Hansen    Jennie Bingham

Students completed a one-page Future Fantasy Exercise at both the beginning and the end of the semester which was analyzed using qualitative research methods. Results of this study will be presented, and participants in the session will also have the opportunity to do their own Future Fantasy exercise.

Working mothers: Relationships between the imposter phenomenon, efficacy, and other work-related variables

Linnea Faccenda    Elizabeth Bennette

Given the current cultural climate surrounding working mothers, the present study seeks to examine how feelings of impostorism affect both self-efficacy and maternal confidence of working mothers. After administrating a survey to 79 working mothers, results reveal significant relationships between impostorism, self-efficacy, role conflict and overload, and career engagement.

Sunday, March 11, 2018  9:50am - 10:50am

Researcher’s Caucus

Hospitality Suite

The goals of the Researchers’ Caucus are (1) to encourage current AWP members to present their quantitative and qualitative research at AWP conferences; (2) to provide a forum for researchers to network and collaborate on future projects; and (3) to encourage new researchers in the field to join AWP.

Crystal L. Hendrick
Clare Mehta

Sunday, March 11, 2018  9:50am - 10:50am

Structured Discussions J

Whistler Gallery A/B

Investigating Rape Culture, its components, and the role of intersectionality.

Cleopatre Paulvin    Marli Corbett    Nicole Johnson

We will discuss our understanding of rape culture and attempt to elaborate on its components, especially as it concerns the subtle and overt forms of discrimination and violence. A conversation on how intersectional identities may change certain of these dynamics will also take place.

Need a Spa Day?: The Capitalization and Gendering of Self-Care Practices
The self-care movement has gained momentum in recent years in mainstream media and marketing. Participants will discuss personal self-care journeys, thoughts on the capitalization and gendering of the self-care movement, and collaborate on ways to make self-care practices most accessible to everyone.

The Development of a Simulation to Reduce Microaggressions

Nkiru Nnawulezi    Surbhi Godsay    Lamont Bryant

Microaggressions negatively impact the psyche of marginalized people. They must be interrupted to protect against enduring psychological and physical harm. Yet, few tools are available to guide individuals on how to interrupt the perpetration of microaggressions. This paper describes an evidence-based, perspective-taking simulation to address this gap.

When existing is resisting: Looking like an insider but feeling like an outsider.

Batsirai Bvunzawabaya    Valeriya Spektor

Immigrant women in the United States experience multiple stressors that negatively influence their mental health. These issues are heightened particularly for immigrant women who hold multiple marginalized identities. This discussion will explore best practices in working with immigrant women by two psychologists who themselves identify as women with immigrant backgrounds.

Symposium: Building Resilience

O'Keefe Room

Building resilience among women under community supervision

Janelle Dixon    Gillian LaRue    Wendy R. Dragon

The current symposium focuses on how to build resilience and support in women who are remanded to community supervision. Mental health providers can increase resiliency for women involved in community supervision by engaging in advocacy, treatment, and education.

Symposium: Public Health

Hopper Room

Health Equity and Hierarchy: Public Health Perspectives

Danielle Harry    Ashley Belfort    Stephanie Michel

This symposium will examine current public health discourses that have feminist implications within a health equity framework. The health research will address target populations from children in foster care to transgender women of color and will examine recommended health interventions within these populations. Intersecting health vulnerabilities are emphasized.
How do you bounce back? Understanding resilience among transgender individuals

Emmie Matsuno      Jae Pucket      Meredith Maroney

Along with understanding the risks that transgender people encounter, understanding resilience factors for transgender people is an important way to support transgender well-being. This symposium includes three presentations that explore what helps transgender people be resilient despite the negative stigma and negative experiences they may encounter.

Workshop: Mindfulness, Self-Care, Privilege

Sunday, March 11, 2018  9:50am - 10:50am

Wyeth Gallery A

Mindfulness, Self-Care, and Socioeconomic Privilege

Julie Garson

Self-care is an ethical mandate. However, the ability to engage in it is limited by opportunity. This session provides discussion of the relationship between privilege and the ability to engage in self-care activities. Mindfulness techniques and ways of realistically engaging in self-care will be discussed.

Closing Ceremony

Sunday, March 11, 2018  11:00am - 12:00pm

Whistler Gallery A/B

Join us for our Closing Ceremony!